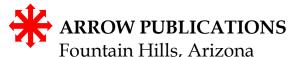
Selected and Compiled by Paul D. Kadavy





E-mail: arrowpublicationsUSA@gmail.com

Web site: www.arrowpublications.net

Copyright © 2022 by Paul D. Kadavy

All rights reserved; no part of this publication may be reproduced or stored in any type of retrieval system in any form without permission in writing from the publisher. It may not be transmitted by any means, whether photocopying or recording, electronic or mechanical.

Manufactured in the United States of America Library of Congress Control Number: 2002090719 ISBN 0-9715514-1-3

Although the author has extensively researched appropriate sources to ensure the accuracy of the information contained in this publication, the author and the publisher assume no responsibility for errors, inaccuracies, omissions, or any inconsistency herein.

This book is dedicated to all seeking inspiration from the world's greatest thinkers and doers... and who are willing, and need, like me, to change.

# CONTENTS

PREFACE	ix
INSPIRATION FOR LIVING	1
Ability	3
Acceptance	4
Action	7
Aspirations	12
Change	16
Circumstance	19
Failure	20
Faith	21
Fear	24
Friendship/Love	25
Happiness	27
Little Things	29
Living	31
Persistence	36
Positive Thinking	38
Purpose	42
Quality	46
Risk	49
Success	51
Suffering	54
Uniqueness	55
Vision	57

LESSONS FROM LIFE	59
Ability	61
Acceptance	62
Action	70
Aspirations	76
Change	79
Circumstance	83
Failure	84
Faith	86
Fear	88
Friendship/Love	90
Happiness	93
Little Things	101
Living	102
Persistence	114
Positive Thinking	117
Purpose	119
Quality	126
Reality	128
Risk	131
Success	132
Suffering	134
Vision	135
LIFE'S HUMOR	137
AFFIRMATIONS and GOAL SETTING	159
Affirmations	163
Goal Setting	165
A Final Word	168
INDEX	169

# PREFACE

Does the world really need just another book of quotations? Perhaps not. What the world may need is a book containing a distillation of the very best of the world's best quotations... The Book of World ~ Class Quotations. And, if you are so inspired, this volume also provides discussion on Affirmations and Goal Setting for those who desire to convert their inspiration to positive change in their lives.

How does this book differ from other books of quotations? It contains *only* what are arguably the world's best quotations, divided into three broad categories...Inspiration for Living, Lessons from Life, and Life's Humor. These quotations have been painstakingly collected, reviewed, culled, and assembled into a group of easily understood subject areas within the first two of the broad categories. The Life's Humor category needs no further subdivision. *Res ipsa loquitur* (it speaks for itself).

The insights provided by many of these quotations will likely make you feel as if you have been hit between the eyes with a two-by-four. Yet, as

insightful as they are, they will also strike you as amazingly simple BGOs (Blinding Glimpses of the Obvious). Don't be surprised if you feel a rush of adrenaline, butterflies in the stomach, or a lump in the throat whenever you read them. And, always, they can inspire us to want to be more than we are. With this book, you will not only be inspired, but also have a guide to convert those inspirations to your own *Affirmations* and for personal *Goal Setting*.

Perhaps you are seeking the best quote for a speech. You will find it here. Perhaps you want to provide motivational encouragement to your child, grandchild, a friend, your partner...yourself. The inclusion of these specific quotations, and the exclusion of all the rest, was subjective, as I have chosen them myself. Yet if you clear your mind and truly study this book, you will find at least a handful, and most probably a good many more, of the very best quotations that exist on the face of this earth that will have personal meaning for any reader. Like poetry, these quotations are best read several times and pondered to grasp their full meaning. Some are fully understood at once. Others take time, deep thought and personal reflection.

The Book of World ~ Class Quotations is organized for your use in two distinct ways. At the front, the contents page lists the three broad subject categories, subordinate subject areas, and the pages where the quotations can be found. In the back, the index is organized alphabetically by the author of each quotation, then by the subordinate subject area and the page for each quotation. Finding a quotation for whatever purpose you are seeking should be easy using one or both of these sources.

My best suggestion to you is to read the entire book once straight through. Then read it a second time. Using a color marker, highlight your very favorites. Reread and think about them often. Perhaps even memorize a few of them. Then, if you are so inclined, work through the *Affirmations* and *Goal Setting* sections. They can change and shape your life.

# Paul D. Kadavy



# **ATTITUDE**

The longer I live, the more I realize the impact of attitude on life. Attitude, to me, is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a church...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past... we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude... I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you...

~ Charles Swindoll ~

we are in charge of our Attitudes.

# ~ ABILITY ~

Always use the word "impossible" with the greatest caution.

~ Wernher von Braun ~

It is our duty as men and women to proceed as though limits to our abilities do not exist.

~ Pierre Teilhard de Chardin ~

There is more in us than we know.

If we can be made to see it,

perhaps for the rest of our lives
we will be unwilling to settle for less.

~ Kurt Hahn ~

The sculptor produces the beautiful statues by chipping away such parts of the marble block as are not needed – it is a process of elimination.

~ Elbert Hubbard ~

Challenges make you discover things about yourself that you never really knew.

# ~ ACCEPTANCE ~

Acceptance is the answer to all my problems today... I can find no serenity until I accept that person, place, thing, or situation as being exactly the way it is supposed to be at this moment.

~ Alcoholics Anonymous ~

*Life is hard. Next to what?* 

~ Anonymous ~

Let the world know you as you are, not as you think you should be, because sooner or later, if you are posing, you will forget the pose, and then where are you?

~ Fanny Brice ~

Flow with whatever may happen and let your mind be free.

Stay centered by accepting whatever you are doing.

This is the ultimate.

~ Chuang-tzu ~

If the only prayer you say in your whole life is "Thank you," that would suffice.

~ Meister Eckhart ~

Everything has its wonders, even darkness and silence, and I learn, whatever state I may be in, therein to be content.

~ Helen Keller ~

Knowing others is wisdom, knowing yourself is Enlightenment.

~ Lao-tzu ~

Not being beautiful was the true blessing...

Not being beautiful forced me
to develop my inner resources.

The pretty girl has a handicap to overcome.

~ Golda Meir ~

I wept because I had no shoes, until I saw a man who had no feet.

~ Ancient Persian saying ~

The only Zen you find on the tops of mountains is the Zen you bring up there.

~ Robert M. Pirsig ~

Don't be sad, don't be angry, if life deceives you.

Submit to your grief;

your time for joy will come, believe me.

~ Aleksandr Pushkin ~

The highest courage is to dare to appear to be what one is.

~ John Lancaster Spalding ~

It takes both the sun and the rain to make a beautiful rainbow.

~ Unknown ~

Joy is not in things. It is in us.

~ Unknown ~

The Pilgrims made seven times more graves than huts. No Americans have been more impoverished than these who, nevertheless, set aside a day of thanksgiving.

~ H.U. Westermayer ~

Things turn out best for people that make the best of the way things turn out.

~ John Wooden ~

# ~ ACTION ~

Not all of your decisions will be correct.

None of us is perfect. But if you get into the habit of making decisions, experience will develop your judgment to a point where more and more of your decisions will be right.

After all, it is better to be right 51 percent of the time.

After all, it is better to be right 51 percent of the time and get something done, than it is to get nothing done because you fear to reach a decision.

~ H.W. Andrews ~

He was a "how" thinker, not an "if" thinker.

~ Anonymous ~

If it is to be, it is up to me.

~ Anonymous ~

What you are afraid to do is a clear indicator of the next thing you need to do.

~ Anonymous ~

When Columbus started out he didn't know where he was going, when he got there he didn't know where he was, and when he got back he didn't know where he had been.

~ Anonymous ~

Our goals can only be reached through a vehicle of a plan in which we must fervently believe and upon which we must vigorously act.

There is no other route to success.

~ Stephen A. Brennan ~

The good thing about being young is that you are not experienced enough to know you cannot possibly do the things you are doing.

~ Gene Brown ~

If you want to conquer fear, don't sit at home and think about it.

Go out and get busy.

~ Dale Carnegie ~

Words are mere bubbles of water, but deeds are drops of gold.

~ Chinese proverb ~

He that has energy enough to root out a vice should go further, and try to plant a virtue in its place.

~ Charles Caleb Colton ~

Well done is better than well said.

~ Benjamin Franklin ~

As long as you can start, you are all right.
The juice will come.

~ Ernest Hemmingway ~

The best way to predict the future is to invent it.

~ Alan Kay ~

The great man is the man who does a thing for the first time.

~ Alexander Smith ~

Opportunities multiply as they are seized.

~ Sun Tzu ~

A candle loses nothing of its light by lighting another candle.

Don't wait for your ship to come in... swim out to meet it.

~ Unknown ~

Luck is what happens when preparation and opportunity meet.

~ Unknown ~

The journey is more important than the destination.

~ Unknown ~

If you could get up the courage to begin, you would have the courage to succeed.

~ David Viscot ~

Time is an equal opportunity employer.

Each human being has exactly the same number of hours and minutes every day. Rich people can't buy more hours. Scientists can't invent new minutes.

And you can't save time to spend it on another day.

Even so, time is amazingly fair and forgiving.

No matter how much time you've wasted in the past, you still have an entire tomorrow.

Success depends upon using it wisely—

by planning and setting priorities.

~ Denis Waitely ~

Use what talents you have; the woods would have little music if no birds sang their song except those who sang best.

~ Reverend Oliver G. Wilson ~

# ~ ASPIRATIONS ~

Far away there in the sunshine are my highest aspirations. I may not reach them, but I can look up and see their beauty, believe in them and try to follow where they lead.

~ Louisa May Alcott. ~

Nobody succeeds beyond his or her wildest expectations unless he or she begins with some wild expectations.

~ Ralph Charell ~

It is good to act as if. It is even better to grow to the point where it is no longer an act.

~ Charles Caleb Colton ~

Arriving at one goal is the starting point to another.

~ John Dewey ~

Before a painter puts a brush to his canvas he sees his picture mentally... If you think of yourself in terms of a painting, what do you see?... Is the picture one you think worth painting?...

You create yourself in the image you hold in your mind.

~ Thomas Dreier ~

The important thing is this: to be able at any moment to sacrifice what we are for what we could become.

~ Charles Du Bos ~

It is never too late to be what you might have been.

~ George Eliot ~

I cannot discover that anyone knows enough to say definitely what is and what is not possible.

~ Henry Ford ~

Obstacles are those frightful things you see when you take your eyes off your goal.

~ Henry Ford ~

You can vitally influence your life from within by auto-suggestion. The first thing each morning, and the last thing each night, suggest to yourself specific ideas that you wish to embody in your character and personality.

Address such suggestions to yourself, silently or aloud, until they are deeply impressed upon your mind.

~ Grenville Kleiser ~

We can do whatever we wish to do provided our wish is strong enough...
What do you want most to do?
That's what I have to keep asking myself, in the face of difficulties.

~ Katherine Mansfield ~

On the human chessboard, all moves are possible.

~ Miriam Schiff ~

If one advances confidently in the direction of his dreams, and endeavors to live the life which he has imagined, he will meet with a success unexpected in common hours.

~ Henry David Thoreau ~

As long as you're going to think anyway, you might as well think big.

~ Donald Trump ~

If my mind can conceive it, and my heart can believe it, I know I can achieve it.

~ Unknown ~

The person at the top of the mountain did not fall there.

~ Unknown ~

Unless you try to do something beyond what you have already mastered, you will never grow.

# ~ CHANGE ~

An oak and a reed were arguing about their strength.

When a strong wind came up,
the reed avoided being uprooted
by bending and leaning with the gusts of wind.

But the oak stood firm and was torn up by the roots.

# ~ Aesop ~

If you have no will to change it, you have no right to criticize it.

# ~ Anonymous ~

I've never met a person, I don't care what his condition, in whom I could not see possibilities. I don't care how much a man may consider himself a failure, I believe in him, for he can change the thing that is wrong in his life anytime he is prepared and ready to do it.

Whenever he develops the desire, he can take away from his life the thing that is defeating it.

The capacity for reformation and change lies within.

~ Preston Bradley ~

Any path is only a path, and there is no affront, to oneself or to others, in dropping it if that is what your heart tells you.

~ Carlos Castaneda ~

Man does not simply exist, but always decides what his existence will be, what he will become in the next moment.

~ Viktor Frankel ~

Man's mind stretched to a new idea never goes back to its original dimension.

~ Oliver Wendell Holmes ~

The world does not have to change... the only thing that has to change is our attitude.

~ Gerald Jampolsky ~

Every area of trouble gives out a ray of hope, and the one unchangeable certainty is that nothing is certain or unchangeable.

~ John F. Kennedy ~

The curious paradox is that when I accept myself just as I am, then I can change.

~ Carl Rogers ~

The old woman I shall become will be quite different from the woman I am now. Another I is beginning.

~ G. Sand ~

No matter how far you have gone on a wrong road, turn back.

~ Turkish proverb ~

Improvement begins with "I."

~ Unknown ~

In life sometimes what appears to be the end is really a new beginning.

~ Unknown ~

The only person that can make your life better is you.

# ~ CIRCUMSTANCE ~

*Circumstances – what are circumstances? I make circumstances.* 

~ Napoleon Bonaparte ~

The world is not to be put in order, the world is order incarnate. It is for us to put ourselves in unison with this order.

~ Henry Miller ~

A hero is a man who does what he can.

~ Romain Rolland ~

Do what you can with what you have, where you are.

~ Theodore Roosevelt ~

People are always blaming their circumstances for what they are. The people who get on in this world are they who get up and look for the circumstances they want, and, if they can't find them, make them.

~ George Bernard Shaw ~

# ~ FAILURE ~

Failure is something made only by those who fail to dare, not by those who dare to fail.

~ Louis Binstock ~

Our greatest glory is not in never failing, but in rising every time we fall.

~ Confucius ~

Failure is only an opportunity to begin again more intelligently.

~ Henry Ford ~

Only those who dare to fail greatly can ever achieve greatly.

~ Robert F. Kennedy ~

Success is not forever and failure isn't fatal.

# ~ FAITH ~

Fear knocked at the door. Faith answered. And lo, no one was there.

~ Anonymous ~

Faith is to believe what you do not yet see; the reward for this faith is to see what you believe.

~ Saint Augustine ~

God is to me that creative Force, behind and in the universe, who manifests Himself as energy, as life, as order, as beauty, as thought, as conscience, as love.

~ Henry Sloane Coffin ~

The only thing that stands between people and what they want from life is often merely the will to try and the faith to believe it is possible.

~ Richard M. De Vos ~

Faith is not something to grasp, it is a state to grow into.

~ Mahatma Gandhi

Be not afraid of life. Believe that life is worth living, and your belief will help create the fact.

~ William James ~

In forty hours I shall be in battle, with little information, and on the spur of the moment will have to make the most momentous decisions, but I believe that one's spirit enlarges with responsibility and that, with God's help, I shall make them and make them right.

~ General George S. Patton ~

Men are made stronger on realization that the helping hand they need is at the end of their own arm.

~ Sidney J. Phil ~

Aerodynamically speaking, the design of the bumblebee is a disaster... too much bodyweight...too little wingspan.

Just can't fly. But it does.

~ Unknown ~

If you think you will you might. If you know you can you will.

The thing always happens that you really believe in; and the belief in a thing makes it happen.

~ Frank Lloyd Wright ~

*Do, or do not. There is no 'try.'* ~ Yoda (The Empire Strikes Back) ~

Hope is like a road in the country; there was never a road, but when many people walk on it, the road comes into existence.

~ Lin Yutang ~

 $\sim$  FEAR  $\sim$ 

I am not afraid of storms, for I am learning how to sail my ship.

~ Louisa May Alcott ~

The man who fears nothing is as powerful as he who is feared by everybody.

~ J.C.F. von Schiller ~

Bravery is not a lack of fear. It's proceeding is spite of it.

~ Unknown ~

The biggest mistake you can make is to always be afraid of making one.

## ~ FRIENDSHIP/LOVE ~

Many a friendship — long, loyal, and self-sacrificing — rested at first upon no thicker a foundation than a kind word.

~ Frederick W. Faber ~

There is nothing we like to see so much as the gleam of pleasure in a person's eye when he feels that we have sympathized with him, understood him, interested ourself in his welfare. At these moments something fine and spiritual passes between two friends.

These moments are the moments worth living.

~ Don Marquis ~

Love is friendship set on fire. ~ Jeremy Taylor ~

Friends multiply joy and divide sorrow.

~ Unknown ~

Love doesn't make the world go round. Love is what makes the ride worthwhile.

Probably the most neglected friend you have is you.

~ Unknown ~

To the world you may be one person, but to one person you may be the world.

~ Unknown ~

To love and be loved is to feel the sun from both sides.

~ David Viscot ~

### ~ HAPPINESS ~

He has enough who is contented with little.

~ Anonymous ~

You cannot always have happiness, but you can always give happiness.

~ Anonymous ~

Make happy those who are near, and those who are far will come.

~ Chinese proverb ~

Seek to do good, and you will find that happiness will run after you.

~ James Freeman Clarke ~

If people are suffering, then they must look within themselves... Happiness is not something ready-made (Buddha) can give you. It comes from your own actions.

~ Dalai Lama ~

Happiness is as a butterfly which, when pursued, is always beyond your grasp, but which if you will sit down quietly, may alight upon you.

~ Nathaniel Hawthorne ~

A happy life is made up of little things...
a gift sent, a letter written, a call made,
a recommendation given, transportation provided,
a cake made, a book lent, a check sent.

~ Carol Holmes ~

The happiest people seem to be those who have no particular cause for being happy except that they are so.

~ William Ralph Inge ~

What can be added to the happiness of man who is in health, out of debt, and has a clear conscience?

~ Adam Smith ~

All the happiness you ever find lies in you.

~ Unknown ~

Make one person happy each day, even if it's yourself.

# ~ LITTLE THINGS ~

Enjoy the little things, for one day you may look back and realize they were the big things.

~ Robert Brault ~

When you have a great and difficult task, something perhaps almost impossible, if you only work a little at a time, every day a little, suddenly the work will finish itself.

~ Isak Dinesen ~

Practice yourself in little things, and thence proceed to greater.

~ Epictetus ~

I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble.

~ Helen Keller ~

I think in terms of the day's resolutions, not the year's.

~ Henry Moore ~

The best things are nearest: breath in your nostrils, light in your eyes, flowers at your feet, duties at your hand, the path of God just before you. Then do not grasp at the stars, but do life's plain, common work as it comes, certain that daily duties and daily bread are the sweetest things of life.

~ Robert Louis Stevenson ~

Countless, unseen details are often the only difference between mediocre and magnificent.

~ Unknown ~

Each small task of everyday life is part of the total harmony of the universe.

### ~ LIVING ~

The most important thing in our lives is what we are doing now.

~ Anonymous ~

The wise don't expect to find life worth living; they make it that way.

~ Anonymous ~

To dream too much of the person you would like to be is to waste the person you are.

~ Anonymous ~

There are two days in the week about which and upon which I never worry...

One of these days is Yesterday... And the other day I do not worry about is Tomorrow.

~ Robert Jones Burdette ~

Share your knowledge. It's a way to achieve immortality.

~ Dalai Lama ~

Your daily life is your temple and your religion.

~ Kahlil Gibran ~

Be yourself and think for yourself; and while your conclusions may not be infallible, they will be nearer right than the conclusions forced upon you.

~ Elbert Hubbard ~

The only way to live is to accept each minute as an unrepeatable miracle, which is exactly what it is: a miracle and unrepeatable.

~ Storm Jameson ~

When nobody around you seems to measure up, it's time to check your yardstick.

~ Bill Lemley ~

To forgive is the highest, most beautiful form of love. In return, you will receive untold peace and happiness.

~ Robert Muller ~

God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference.

~ Reinhold Niebuhr ~

Live as if you like yourself, and it may happen.

~ Marge Piercy ~

To err is human, to forgive divine.

~ Alexander Pope ~

Only you can hold yourself back.
Only you can stand in your own way.
Only you can help yourself.

~ Mikhail Strabo ~

Let God love you through others and let God love others through you.

~ D.M. Street ~

Life is the art of drawing without an eraser.

Never regret yesterday. Life is in you today, and you make your tomorrow.

~ Unknown ~

Practice random kindness and senseless acts of beauty.

~ Unknown ~

Yesterday is a canceled check; tomorrow is a promissory note; today is the only cash you have, so spend it wisely.

~ Unknown ~

Yesterday is but a dream... tomorrow, a vision of hope. Look to this day, for it is life.

~ Unknown ~

Yesterday is history...tomorrow is a mystery... today is a gift...that's why it's called the present.

~ Unknown ~

A well-developed sense of humor is the pole that adds balance to your steps as you walk the tightrope of life.

~ William Author Ward ~

Ordinary riches can be stolen, real riches cannot. In your soul are infinitely precious things that cannot be taken from you.

~ Oscar Wilde ~

The masters in the art of living make little distinction between their work and their play, their labor and their leisure, their mind and their body, their education and their recreation, their love and their religion. They hardly know which is which. They simply pursue their vision of excellence in whatever they do, leaving it to others to decide whether they are working or playing.

To them they are doing both.

~ Zen Buddhist tenet ~

### ~ PERSISTENCE ~

If we are facing in the right direction, all we have to do is keep on walking.

~ Ancient Buddhist proverb ~

A journey of a thousand miles must begin with a single step.

~ Chinese proverb ~

If you are going through hell, keep going.

~ Sir Winston Churchill ~

Never give in! Never give in!
Never, never, never, never...
In nothing great or small, large or petty,
never give in
except to convictions or honor and good sense!

~ Sir Winston Churchill ~

Every artist was first an amateur.

~ Ralph Waldo Emerson ~

One can go a long way after one is tired.

~ French proverb ~

First they ignore you, then they laugh at you, then they fight you, then you win.

~ Mahatma Gandhi ~

Few things are impossible to diligence and skill... great works are performed not by strength but perseverance.

~ Samuel Johnson ~

Success is the child of drudgery and perseverance. It cannot be coaxed or bribed; pay the price and it is yours.

~ Orison Swett Marden ~

Big shots are only little shots who keep shooting.

~ Christopher Morley ~

In order to finish first, you must first finish.

~ Unknown ~

Success seems to be largely a matter of hanging on after others have let go.

# ~ POSITIVE THINKING ~

I was always complaining about the ruts in the road until I realized that the ruts **are** the road.

~ Anonymous ~

A pessimist sees the difficulty in every opportunity; an optimist sees the opportunity in every difficulty.

~ Sir Winston Churchill ~

Call the roll in your memory of conspicuously successful business giants and...you will be struck by the fact that almost every one of them encountered inordinate difficulties sufficient to crush all but the gamest of spirits.

Edison went hungry many times before he became famous.

~ B.C. Forbes ~

Unprovided with original learning, unformed in the habits of thinking, unskilled in the arts of composition, I resolved to write a book.

~ Edward Gibbon ~

Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.

~ Helen Keller ~

When written in Chinese, the word "crisis" is composed of two characters. One represents danger, and the other represents opportunity.

~ John F. Kennedy ~

Were it not for my little jokes, I could not bear the burdens of this office.

~ Abraham Lincoln ~

We are not retreating – we are advancing in another direction.

~ General Douglas MacArthur ~

The biggest quality in successful people, I think, is an impatience with negative thinking... my feeling was, even if it's as bad as I think it is, we'll make it work.

~ Edward McCabe ~

I can complain because rose bushes have thorns, or rejoice because thorn bushes have roses.

It's all how you look at it.

~ J. Kenfield Morley ~

Let others praise ancient times; I am glad I was born in these.

~ Ovid (81 B.C.) ~

I've never been poor, only broke.
Being poor is a frame of mind.
Being broke is a temporary situation.

~ Mike Todd ~

For every problem there is an opportunity.

~ Unknown ~

I do not feel any age yet. There is no age to the spirit.

~ Unknown ~

May I never miss a rainbow or a sunset because I am looking down.

~ Unknown ~

Success comes in cans. Failure comes in cant's.

~ Unknown ~

The control center of your life is your attitude.

There are two ways of exerting one's strength: one is pushing down, the other is pulling up.

~ Unknown ~

When everyone tells you it can't be done, remind them how many times they have been wrong.

~ Unknown ~

Every saint has a past, and every sinner has a future.

~ Oscar Wilde ~

## ~ PURPOSE ~

Concentrate all your thoughts upon the work at hand.

The sun's rays do not burn until brought to a focus.

~ Alexander Graham Bell ~

Do you know that disease and death must needs overtake us, no matter what we are doing?...

What do you wish to be doing when it overtakes you?...

If you have anything better to be doing when you are so overtaken, get to work on that.

~ Epictetus ~

Start by doing what's necessary, then what's possible and suddenly you are doing the impossible.

~ Saint Francis of Assisi ~

Yes, there is a Nirvanah: it is in leading your sheep to a green pasture, and in putting your child to sleep, and in writing the last line of your poem.

~ Kahlil Gibran ~

I am the master of my fate; I am the captain of my soul.

~ William Ernest Henley ~

The true test of character is... how we behave when we don't know what to do.

~ John Holt ~

Seek out that particular mental attitude which makes you feel most deeply and vitally alive, along with which comes the inner voice which says, "This is the real me," and when you have found that attitude, follow it.

~ William James ~

Happy is the man who can do only one thing: in doing it, he fulfills his destiny.

~ Joseph Joubert ~

I thank God for my handicaps for, through them, I have found myself, my work, and my God.

~ Helen Keller ~

We make a living by what we get, but we make a life by what we give.

~ Norman MacEwan ~

You may not have saved a lot of money in your life, but if you have saved a lot of heartaches for other folks, you are a pretty rich man.

~ Seth Parker ~

I expect to pass through life but once.
If, therefore, there be any kindness I can show, or any good thing I can do for any fellow being, let me do it now...as I shall not pass this way again.

~ William Penn ~

Every man stamps his value on himself... man is made great or small by his own will.

~ J.C.F. von Schiller ~

Don't be afraid of pressure. Remember that pressure is what turns a lump of coal into a diamond.

~ Unknown ~

No matter what your lot in life may be, build something on it.

~ Unknown ~

To be what we are, and to become what we are capable of, is the only end in life.

Within us all there are wells of thought and dynamos of energy which are not suspected until emergencies arise. Then oftentimes we find that it is comparatively simple to double or triple our former capacities and to amaze ourselves by the results achieved.

~ Thomas Watson ~

There's only one good reason to be a writer—we can't help it! We'd all like to be successful, rich and famous, but if those are our goals, we're off on the wrong foot...

I just wanted to earn enough money so I could work at home on my writing.

~ Phyllis Whitney ~

Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.

~ W.W. Ziege ~

## ~ QUALITY ~

We are what we repeatedly do. Excellence then, is not an act, but a habit.

~ Aristotle ~

To exist is to change, to change is to mature, to mature is to go on creating oneself endlessly.

~ Henri Bergson ~

When you do the common things in life in an uncommon way, you will command the attention of the world.

~ George Washington Carver ~

After I'm dead I'd rather have people ask why I have no monument than why I have one.

~ Cato the Elder (234-149 B.C.) ~

There is no labor a man can do that's undignified, if he does it right.

~ Bill Cosby ~

Try not to become a person of success, but rather a person of value.

~ Albert Einstein ~

*In the race for quality, there is no finish line.* 

~ David T. Kearns ~

If a man is called to be a street sweeper,
he should sweep streets
even as Michelangelo painted,
or Beethoven composed music,
or Shakespeare wrote poetry.
He should sweep streets so well
that all the hosts of heaven and earth
will pause to say, here lived a great street sweeper
who did his job well.

~ Martin Luther King, Jr. ~

The start of something new brings the hope of something great. Anything is possible.

There is only one you.

And you will pass this way only once. Do it right

~ Mackintosh ~

Education is not the filling of a pail, but the lighting of a fire.

Good enough isn't.

~ Unknown ~

We can only appreciate the miracle of a sunrise if we have waited in darkness.

~ Unknown ~

A poem is never finished, only abandoned.

~ Paul Valery ~

~ RISK ~

I think we should follow a simple rule: if we can take the worst, take the risk.

~ Dr. Joyce Brothers ~

Only those who will risk going too far can possibly find out how far one can go.

~ T.S. Eliot ~

The Pilgrims didn't have any experience when they landed here.

If experience was that important, we'd never have anybody walking on the moon.

~ Doug Rader ~

No man ever progressed to greatness and goodness but through great mistakes.

~ Frederick W. Robertson ~

Happy are those who dream dreams and are ready to pay the price to make them come true.

~ L.J. Cardinal Suenens ~

Anyone can hold the helm when the sea is calm.

~ Unknown ~

Do not follow where the path may lead... go instead where there is no path and leave a trail.

~ Unknown ~

Don't be afraid to go out on a limb... that's where the fruit is.

~ Unknown ~

You cannot discover new oceans unless you have the courage to lose sight of the other shore.

### ~ SUCCESS ~

No age or time of life, no position or circumstance, has a monopoly on success.

Any age is the right age to start doing.

~ Anonymous ~

Flaming enthusiasm, backed up by horse sense and persistence, is the quality that most frequently makes for success.

~ Dale Carnegie ~

Most great men and women are not perfectly rounded in their personalities, but are instead people whose one driving enthusiasm is so great it makes their faults seem insignificant

~ Charles A. Cerami ~

The person who says it cannot be done should not interrupt the person doing it.

~ Chinese proverb ~

Success is going from failure to failure without losing enthusiasm.

~ Sir Winston Churchill ~

Each problem that I solved became a rule which served afterwards to solve other problems.

~ Rene Descartes ~

I have not failed. I've just found 10,000 ways that won't work.

~ Thomas Alva Edison ~

Success is knowing what you're doing, loving what you're doing, and believing in what you're doing.

~ Napoleon Hill ~

I'm a great believer in luck, and I find the harder I work the more I have of it.

~ Thomas Jefferson ~

How can they say my life is not a success?

Have I not for more than sixty years
gotten enough to eat and escaped being eaten?

~ Logan Pearsall Smith ~

Success depends on your backbone, not your wishbone.

Success is a journey, not a destination.

~ Unknown ~

Success is the maximum utilization of the ability that you have.

~ Unknown ~

The key to happiness is having dreams... the key to success is making dreams come true.

~ Unknown ~

To live your life in your own way... to reach the goals you've set for yourself... to be the person you want to be...that is success.

~ Unknown ~

Success is to be measured not so much by the position that one has reached in life as by the obstacles that one has overcome while trying to succeed.

~ Booker T. Washington ~

# ~ SUFFERING ~

Pain is inevitable. Suffering is optional.

~ Anonymous ~

The strongest oak of the forest is not the one that's protected from the storm and hidden from the sun.

It's the one that stands in the open where it is compelled to struggle for existence against the winds and rains and the scorching sun.

~ Napoleon Hill ~

There is nothing in the world so admired as a man who knows how to bear unhappiness with courage.

~ Marcus Annaeus Seneca ~

### ~ UNIQUENESS ~

A man that wants to lead the orchestra must turn his back on the crowd.

~ James Crook ~

To be nobody - but yourself —
in a world which is doing its best, night and day,
to make you everybody else —
means to fight the hardest battle
which any human being can fight;
and never stop fighting.

~ e.e. cummings ~

Nature arms each man with some faculty which enables him to do easily some feat impossible to any other.

~ Ralph Waldo Emerson ~

I am somebody. I am me. I like being me. And I need nobody to make me somebody.

~ Louis L'Amour ~

I may not amount to much, but at least I am unique.

~ Jean-Jacques Rousseau ~

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer.

Let him step to the music which he hears, however measured or far away.

~ Henry David Thoreau ~

What lies behind us and what lies before us are tiny matters compared to what lies within us.

~ Unknown ~

You are totally unique, just like everyone else.

~ Unknown ~

You are what you believe you are. Believe in yourself. Who do you want to be?

### ~ VISION ~

A genius is one who shoots at something no one else can see – and hits it.

~ Anonymous ~

Boredom, like necessity, is very often the mother of invention.

~ Anonymous ~

Over every mountain there is a path, although it may not be seen from the valley.

~ James Rogers ~

Who is the wise man? He who sees what's going to be born.

~ Solomon ~

Somewhere, something incredible is waiting to be known.

### NOT SUCH A SILLY GOOSE

Next fall, when you see geese heading south for the winter, flying along in V formation, you might consider what science has discovered as to why they fly that way.

As each bird flaps its wings, it creates an uplift for the bird immediately following. By flying in V formation the whole flock adds at least a 71% greater flying rate than if each bird flew on its own.

People who share a common direction and sense of community can get where they are going more quickly and easily because they are traveling on the trust of one another.

When a goose falls out of formation it suddenly feels the drag and resistance of trying to go it alone and quickly gets back into formation to take advantage of the lifting power of the bird in front.

If we have as much sense as a goose, we will stay in formation with those who are headed the same way we are.

When the head goose gets tired it rotates back in the wing, and another goose flies point. It is sensible to take turns doing demanding jobs...with people or with geese flying south.

Geese honk from behind to encourage those up front to keep up the speed. What do we say when we honk from behind?

Finally...and this is important...when a goose gets sick, or is wounded by gunshots and falls out of formation, two other geese fall out with the goose and follow it down to lend help and protection. They stay with the fallen goose until it is able to fly or until it dies; and only then do they launch out on their own, or with another formation to catch up with their group.

*If we have the sense of a goose we will stand by each other like that.* 



### **THE TWO DOGS**

An elderly grandfather was having a conversation with his young granddaughter.

He told his granddaughter,

"Each of us has two dogs inside of us.

One dog is very hateful, mean, vicious, and wants to hurt others.

The other dog is kind, caring, loving, and wants to help others."

The granddaughter asked her grandfather, "Which dog will win?"

Her grandfather answered, "The one that we feed."

### ~ ABILITY ~

The only thing that is universal is incompetence.

Know your strengths and then
focus on these strengths, not weaknesses.

Most managers do it the other way around.

~ Peter Drucker ~

There is very little point
in trying to do what you cannot do.
You must know where to focus your energies
and improve yourself—
this is the beginning of effectiveness.

~ Peter Drucker ~

The man who does not read good books has no advantage over the man who cannot read them.

~ Mark Twain ~

## ~ ACCEPTANCE ~

The best way for a person to have happy thoughts is to count his blessings and not his cash.

~ Anonymous ~

Our entire life...consists ultimately in accepting ourselves as we are.

~ Jean Anouilh ~

Adapt yourself to the things among which your lot has been cast and love sincerely the fellow creatures with whom destiny has ordained that you shall live.

~ Marcus Aurelius ~

Joy has nothing to do with material things, or with a man's outward circumstance... a man living in the lap of luxury can be wretched, and a man in the depths of poverty can overflow with joy.

~ William Barclay ~

Life is 10 percent what you make it, and 90 percent how you take it.

~ Irving Berlin ~

If only the people who worry about their liabilities would think about the riches they do possess, they would stop worrying.

Would you sell both your eyes for a million dollars...or your two legs... or your hands...or your hearing?

Add up what you do have, and you'll find that you won't sell them for all the gold in the world. The best things in life are yours, if you can appreciate yourself.

~ Dale Carnegie ~

Remember that not getting what you want is sometimes a wonderful stroke of luck.

~Dalai Lama ~

We must like what we have when we don't have what we like.

~ Roger De Bussy-Rabutin ~

Generally the man with a good wife, or the woman with a good husband, or the children with good parents discover too late the goodness they overlooked while it was in full bloom.

~ James Douglas ~

Now is all we have.

Everything that has ever happened to you,
and anything that is ever going to happen to you,
is just a thought.

~ Wayne Dyer ~

I have come to believe that the whole world is an enigma, a harmless enigma that is made terrible by our own mad attempt to interpret it as though it had an underlying truth.

~ Umberto Eco ~

Nothing can bring you peace but yourself.

~ Ralph Waldo Emerson ~

Do not spoil what you have by desiring what you have not; remember that what you now have was once among the things only hoped for.

~ Epicurus ~

Always fall in with what you're asked to accept... My aim in life has always been to hold my own with whatever's going. Not against: with.

~ Robert Frost ~

He that cannot forgive others breaks the bridge over which he must pass himself; for every man has need to be forgiven.

~ Thomas Fuller ~

If your desires be endless, your cares and fears will be so, too.

~ Thomas Fuller ~

The weak can never forgive. Forgiveness is the attribute of the strong.

~ Mahatma Gandhi ~

In order to be utterly happy the only thing necessary is to refrain from comparing this moment with other moments in the past, which I often did not fully enjoy because I was comparing them with other moments of the future.

~ Andre Gide ~

Some people confuse acceptance with apathy, but there's all the difference in the world.

Apathy fails to distinguish between what can and what cannot be helped; acceptance makes that distinction.

Apathy paralyzes the will-to-action; acceptance frees it by relieving it of impossible burdens.

~ Arthur Gordon ~

All the discontented people I know are trying to be something they are not, to do something they cannot do.

~ David Grayson ~

When one's expectations are reduced to zero, one really appreciates everything one does have.

~ Stephen Hawking ~

We don't need to increase our goods nearly as much as we need to scale down our wants. Not wanting something is as good as possessing it.

~ Donald Horban ~

We are no longer happy as soon as we wish to be happier.

~ Walter Savage Landor ~

Manifest plainness, embrace simplicity, reduce selfishness, have few desires.

~ Lao-tzu ~

Until you make peace with who you are, you'll never be content with what you have.

~ Doris Mortman ~

The way in which we think of ourselves has everything to do with how our world sees us.

~ Arlene Raven ~

No one can make you feel inferior without your consent.

~ Eleanor Roosevelt ~

There is no cure for birth and death save to enjoy the interval.

~ George Santayana ~

Too many people miss the silver lining because they're expecting gold.

~ Maurice Setter ~

If all misfortunes were laid in one common heap whence everyone must take an equal portion, most people would be contented to take their own and depart.

~ Socrates ~

To sit alone with my conscience will be judgment enough for me.

~ Charles William Stubbs ~

What a man thinks of himself, that is what determines, or rather indicates, his fate.

~ Henry David Thoreau ~

To be satisfied with what one has; that is wealth.

As long as one sorely needs
a certain additional amount, that man isn't rich.

~ Mark Twain ~

Don't go around saying the world owes you a living. The world owes you nothing. It was here first.

~ Unknown ~

It's not the load that breaks you down, it's the way you carry it.

~ Unknown ~

Adversity causes some men to break, others to break records.

~ William Author Ward ~

Forgiving those who hurt us is the key to personal peace.

~ G. Weatherly ~

If we go down into ourselves, we find that we possess exactly what we desire.

~ Simone Weil ~

One of the many lessons that one learns in prison is that things are what they are and will be what they will be.

~ Oscar Wilde ~

## ~ ACTION ~

For purposes of action, nothing is more useful than narrowness of thought combined with energy of will.

~ Henri Frederic Amiel ~

If a man wants his dreams to come true, he must wake them up.

~ Anonymous ~

The door of opportunity won't open unless you do some pushing.

~ Anonymous ~

Whatever you are trying to avoid won't go away until you confront it.

~ Anonymous ~

All know the way, few actually walk it.

~ Bodhidharma ~

Nobody makes a greater mistake than he who did nothing because he could only do a little.

~ Edmund Burke ~

The only thing necessary for the triumph of evil is for good men to do nothing.

~ Edmund Burke ~

He who deliberates fully before taking a step will spend his entire life on one leg.

~ Chinese proverb ~

The golden rule is of no use whatsoever unless you realize that it is your move.

~ Dr. Frank Crane ~

You cannot do a kindness too soon, for you never know how soon it will be too late.

~ Ralph Waldo Emerson ~

A little neglect may breed great mischief...

For want of a nail, the shoe was lost;

for want of a shoe, the horse was lost;

for want of a horse, the battle was lost;

for want of the battle, the war was lost.

~ Benjamin Franklin ~

Dost thou love life? Then do not squander time, for that's the stuff life is made of.

~ Benjamin Franklin ~

Many people take no care of their money till they come nearly to the end of it, and others do just the same with their time.

~ Johann Wolfgang von Goethe ~

The real tragedy of life is not being limited to one talent, but in failing to use that one talent.

~ Edgar Watson Howe ~

When a friend is in trouble, don't annoy him by asking if there is anything you can do. Think up something appropriate and do it.

~ Edgar Watson Howe ~

Genius begins great works, labor alone finishes it.

~ Joseph Joubert ~

It is often better to have a great deal of harm happen to one than a little; a great deal may rouse you to remove what a little will only accustom you to endure.

~ Grenville Kleiser ~

He who would make serious use of his life must always act as though he had a long time to live and schedule his time as though he were about to die.

~ Emile Littre ~

The dictionary is the only place where success comes before work.

~ Vince Lombardi ~

Putting off an easy thing makes it hard. Putting off a hard thing makes it impossible.

~ George Claude Lorimer ~

We would accomplish many more things if we did not think of them as impossible.

~ C. Malesherbez ~

The great composer does not set to work because he is inspired, but becomes inspired because he is working. Beethoven, Wagner, Bach and Mozart settled down day after day to the job in hand with as much regularity as an accountant settles down each day to his figures. They didn't waste time waiting for inspiration.

~ Ernest Newman ~

If you wait for inspiration you'll be standing on the corner after the parade is a mile down the street.

~ Ben Nicholas ~

A good plan today is better than a perfect plan tomorrow.

~ General George S. Patton ~

Don't be fooled by the calendar.

There are only as many days in the year as you make use of. One man gets only a week's value out of a year while another man gets a full year's value out of a week.

~ Charles Richards ~

Can anything be sadder than work unfinished? Yes; work never begun.

~ Christina Rossetti ~

While we are postponing, life speeds by.

~ Marcus Annaeus Seneca ~

Do not wait for ideal circumstances, nor the best opportunities; they will never come.

~ Janet Erskine Stuart ~

We should be taught not to wait for inspiration to start a thing. Action always generates inspiration. Inspiration seldom generates action.

~ Frank Tibolt ~

To keep a lamp burning, we have to keep putting oil in it.

~ Mother Teresa ~

Education should include knowledge of what to do with it.

~ Unknown ~

I hear and I forget. I see and I remember.
I do and I understand.

~ Unknown ~

If you want to make an easy job seem mighty hard, just keep putting it off.

~ Unknown ~

The artist is nothing without the gift, but the gift is nothing without work.

~ Emile Zola ~

## ~ ASPIRATIONS ~

If you have the will to win, you have achieved half your success; if you don't, you have achieved half your failure.

~ David V.A. Ambrose ~

Knowledge is power, but enthusiasm pulls the switch.

~ Ivern Ball ~

To do all that one is able to do is to be a man; to do all that one would like to do is to be a god.

~ Napoleon Bonaparte ~

Striving for excellence motivates you; striving for perfection is demoralizing.

~ Dr. Harriet Braiker ~

All that we are is the result of what we have thought. The mind is everything. What we think, we become.

~ Buddha ~

A child on a farm sees a plane fly overhead and dreams of a faraway place.

A traveler on the plane sees the farmhouse and dreams of home.

~ Carl Burns ~

Opportunity is missed by most people because it is dressed in overalls and it looks like work.

~ Thomas Alva Edison ~

If you expect nothing, you're apt to be surprised. You'll get it.

~ Malcolm Forbes ~

The only difference between a rut and a grave is their depth.

~ Andy Ihnatko ~

It is right to be contented with what we have, never with what we are.

~ Mackintosh ~

Luck is the residue of design.

~ Branch Rickey ~

Nothing is so common as unsuccessful men with talent. They lack only determination.

~ Charles Swindoll ~

The self is not something that one finds. It is something one creates.

~ Thomas Szasz ~

## ~ CHANGE ~

If you do what you've always done, you'll get what you've always gotten.

~ Anonymous ~

I count him braver who overcomes his desires than him who conquers his enemies; the hardest victory is the victory over self.

~ Aristotle ~

If in the last few years you haven't discarded a major opinion or acquired a new one, check your pulse.

You may be dead.

~ Gelett Burgess ~

Everyone should keep a mental wastepaper basket, and the older he grows the more things he will consign to it torn up to irrecoverable tatters.

~ Samuel Butler ~

Man cannot remake himself without suffering, for he is both the marble and the sculptor.

~ Dr. Alexis Carrel ~

If I were given a change of life, I'd like to see how it would be to live as a mere six-footer.

~ Wilt Chamberlain ~

To remain young one must change.

~ Alexander Chase ~

If we do not change our direction, we are likely to end up where we are headed.

~ Chinese proverb ~

I criticize by creation—not by finding fault.

~ Cicero ~

You can't solve a problem with the same kind of thinking that created it.

~ Albert Einstein ~

Five years from now you will be pretty much the same as you are today except for two things: the books you read and the people you get close to.

~ Charles Jones ~

To exist is to adapt, and if one could not adapt, one died and made room for those who could.

~ Louis L'Amour ~

The search for a new personality is futile; what is fruitful is the interest the old personality can take in new activities.

~ Cesare Pavese ~

Learning is what most adults will do for a living in the 21st century.

~ S.J. Perelman ~

He who cannot change the very fabric of his thought will never be able to change reality.

~ Anwar Sadat ~

A single event can awaken in us a stranger totally unknown to us.

~ Antoine de Saint-Exupery ~

All truth passes through three stages. First, it is ridiculed. Second, it is violently opposed. Third, it is accepted as being self-evident.

~ Arthur Schopenhauer ~

Progress is impossible without change, and those who cannot change their minds cannot change anything.

~ George Bernard Shaw ~

The survival of the fittest is the ageless law of nature, but the fittest are rarely strong. The fittest are those endowed with the qualifications for adaptation, the ability to accept the inevitable and conform to the unavoidable, to harmonize with existing or changing conditions.

~ Dave E. Smalley ~

Habit is like a soft bed... easy to get into, but hard to get out of.

~ Unknown ~

## ~ CIRCUMSTANCE ~

Nothing splendid has ever been achieved except by those who dared believe that something inside them was superior to circumstances.

~ Bruce Barton ~

### ~ FAILURE ~

The person interested in success has to learn to view failure as a healthy, inevitable part of the process of getting to the top.

~ Joyce Brothers ~

The tragedy of life is not that man loses, but that he almost wins.

~ Heywood Broun ~

When you lose, don't lose the lesson.

~ Dalai Lama ~

Many of life's failures are men who did not realize how close they were to success when they gave up.

~ Thomas Alva Edison ~

Virtually nothing comes out right the first time.

Failures, repeated failures, are finger posts
on the road to achievement. The only time
you don't want to fail is the last time you try something...
One fails forward toward success.

~ Charles F. Kettering ~

Failure is the foundation of success, and the means by which it is achieved.

~ Lao-tzu ~

You can't expect to win unless you know why you lose.

~ Benjamin Lipson ~

The deepest personal defeat suffered by human beings is constituted by the difference between what one was capable of becoming, and what one has in fact become.

~ Ashley Montagu ~

Men do not fail, they stop trying.

~ Elihu Root ~

Failures are divided into two classes: those who thought and never did, and those who did and never thought.

~ John Charles Salak ~

I cannot give you the formula for success, but I can give you the formula for failure, which is – try to please everybody.

~ Herbert Bayard Swope ~

## ~ FAITH ~

Faith, hope, and charity – if we had more of the first two, we'd need less of the last.

~ Anonymous ~

For the believer, there is no question; for the non-believer, there is no answer.

~ Anonymous ~

All I have seen teaches me to trust the Creator for all I have not seen.

~ Ralph Waldo Emerson ~

Whether you think that you can, or that you can't, you are usually right.

~ Henry Ford ~

Some things have to be believed to be seen.

~ Ralph Hodgson ~

The primary cause of unhappiness in the world today is...lack of faith.

~ Carl Jung ~

Man can live about forty days without food, about three days without water, about eight minutes without air... but only for one second without hope.

~ Hal Lindsey ~

There are no hopeless situations; there are only men who have grown hopeless about them.

~ Clare Boothe Luce ~

Religious faith, indeed, relates to that which is above us, but it must arise from that which is within us.

~ Josiah Royce ~

The only way to make a man trustworthy is to trust him.

~ Henry L. Stimson ~

On the day when we can fully trust each other, there will be peace on Earth.

~ Unknown ~

~ FEAR ~

Fear is the dark room in which negatives are developed.

~ Anonymous ~

Worry is a futile thing, it's somewhat like a rocking chair, although it keeps you occupied, it doesn't get you anywhere.

~ Anonymous ~

It is not death that a man should fear, he should fear never beginning to live.

~ Marcus Aurelius ~

The way to develop self-confidence is to do the thing you fear, and get a record of successful experiences behind you.

~ William Jennings Bryan ~

There is often less danger in the things we fear than in the things we desire.

~ John Churton Collins ~

We fear our highest possibility (as well as our lowest one).
We are generally afraid to become that which we can glimpse in our most perfect moments.

~ Abraham Maslow ~

I am an old man and have known a great many troubles, but most of them never happened.

~ Mark Twain ~

# ~ FRIENDSHIP/LOVE ~

A man is known by the company he keeps.

~ Anonymous ~

You can make more friends in two months by becoming more interested in other people than you can in two years by trying to get people interested in you.

~ Anonymous ~

There are only two people who can tell you the truth about yourself – an enemy who has lost his temper and a friend who loves you dearly.

~ Antisthenes ~

We cannot tell the precise moment when friendship is formed.
As in filling a vessel drop by drop, there is at last a drop which makes it run over. So in a series of kindnesses there is at last, one which makes the heart run over.

~ James Boswell ~

If you want an accounting of your worth, count your friends.

~ Merry Browne ~

Remember that the best relationship is one in which your love for each other exceeds your need for each other.

~ Dalai Lama ~

Friends are relatives you make for yourself.

~ Eustache Deschamps ~

What counts in making a happy marriage is not so much how compatible you are, but how you deal with incompatibility.

~ George Levinger ~

The richest man in the world is not the one who still has the first dollar he ever earned. It's the man who still has his best friend.

~ Martha Mason ~

Your wealth is where your friends are.

~ Plautus ~

'Tis better to have loved and lost than never to have loved at all.

~ Alfred, Lord Tennyson ~

A true friend is someone who is there for you when he'd rather be anywhere else.

~ Unknown ~

Go often to the house of a friend, for weeds choke the unused path.

~ Unknown ~

## ~ HAPPINESS ~

I have now reigned above fifty years in victory or peace, beloved by my subjects, dreaded by my enemies, respected by my allies. Riches and honors, power and pleasure, have awaited my call, nor does any earthly blessing seem to have been wanting... I have diligently numbered the days of pure and genuine happiness that have fallen to my lot; they amount to fourteen.

~ Abd-Al-Rahman ~

Some pursue happiness, others create it.

~ Anonymous ~

Happiness is the meaning and the purpose of life, the whole aim and end of human existence.

~ Aristotle ~

Nowhere can man find a quieter or more untroubled retreat than in his own soul.

~ Marcus Aurelius ~

The happiness of your life depends upon the quality of your thoughts.

~ Marcus Aurelius ~

Happiness is like a cat. If you try to coax it or call it, it will avoid you. It will never come.

But if you pay no attention to it and go about your business, you'll find it rubbing against your legs and jumping into your lap.

~ William Bennett ~

Don't mistake pleasures for happiness. They are a different breed of dog.

~ Josh Billings ~

Not only is there a right to be happy, there is a duty to be happy. So much sadness exists in the world that we are all under obligation to contribute as much joy as lies within our powers.

~ John Sutherland Bonnell ~

Unhappiness indicates wrong thinking, just as ill health indicates a bad regimen.

~ Paul Bourge ~

There is work that is work and there is play that is play; there is play that is work and work that is play.

And in only one of these lie happiness.

~ Gelett Burgess ~

All animals except man know that the principal business of life is to enjoy it.

~ Samuel Butler ~

Perfect happiness is the absence of striving for happiness.

~ Chuang-tzu ~

If you want **others** to be happy, practice compassion. If **you** want to be happy, practice compassion.

~ Dalai Lama ~

To find out what one is fitted to do, and to secure an opportunity to do it, is the key to happiness.

~ John Dewey ~

The U.S. Constitution doesn't guarantee happiness, only the pursuit of it.

You have to catch up with it yourself.

~ Benjamin Franklin ~

Happiness is when what you think, what you say, and what you do are in harmony.

~ Mahatma Gandhi ~

No human being can really understand another, and no one can arrange another's happiness.

~ Graham Greene ~

Our greatest happiness does not depend on the condition of life in which chance has placed us, but is always the result of a good conscience, good health, occupation and freedom in all just pursuits.

~ Thomas Jefferson ~

Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification, but through fidelity to a worthy purpose.

~ Helen Keller ~

When one door of happiness closes, another opens; but often we look so long at the closed door that we do not see the one which has been opened for us.

~ Helen Keller ~

Most folks are about as happy as they make up their minds to be.

~ Abraham Lincoln ~

Half the unhappiness in life comes from people being afraid to go straight at things.

~ William J. Lock ~

Few are they who have never had the chance to achieve happiness... and fewer those who have taken that chance.

~ Andre Maurois ~

The man who makes everything that leads to happiness depend upon himself, and not upon other men, has adopted the very best plan for living happily.

~ Plato ~

In about the same degree as you are helpful, you will be happy.

~ Karl Reiland ~

It is not easy to find happiness in ourselves, and it is not possible to find it elsewhere.

~ Agnes Repplier ~

The road to happiness lies in two simple principles: find what it is that interests you and that you can do well, and when you find it put your whole soul into it – every bit of energy and ambition and natural ability you have.

~ John D. Rockefeller III ~

One thing I know: the only ones among you who will be really happy are those who will have sought and found how to serve.

~ Albert Schweitzer ~

Happiness is...
usually attributed by adults to children,
and by children to adults.

~ Thomas Szasz ~

For most of life, nothing wonderful happens.

If you don't enjoy getting up and working
and finishing your work and sitting down to a meal
with family or friends, then the chances are
you're not going to be very happy.

If someone bases his happiness or unhappiness
on major events like a great new job,
huge amounts of money, a flawlessly happy marriage
or a trip to Paris, that person isn't going to be happy
much of the time. If, on the other hand,
happiness depends on a good breakfast,
flowers in the yard, a drink or a nap,
then we are more likely to live with quite a bit of happiness.

~ Andy Rooney ~

Human happiness and moral duty are inseparably connected.

~ George Washington ~

For me, happiness came from prayer to a kindly God, faith in a kindly God, love for my fellow man, and doing the very best I could every day of my life.

I had looked for happiness in fast living, but it was not there. I tried to find it in money, but it was not there either.

But when I placed myself in tune with what I believe to be fundamental truths of life, when I began to develop my limited ability, to rid my mind of all kinds of tangled thoughts and fill it with zeal and courage and love, when I gave myself a chance by treating myself decently and sensibly, I began to feel the stimulating, warm glow of happiness.

~ Edward Young ~

## ~ LITTLE THINGS ~

Small opportunities are often the beginning of great enterprises.

~ Demonsthenes ~

Success, which is something so simple in the end, is made up of thousands of things, we never fully know what.

~ Rainer Maria Rilke ~

Most of the critical things in life, which become the starting points of human destiny, are little things.

~ R. Smith ~

Great things are not done by impulse, but by a series of small things brought together.

~ Vincent van Gogh ~

## ~ LIVING ~

The grand essentials to happiness in this life are something to do, something to love and something to hope for.

~ Joseph Addison ~

Good judgment comes from experience, and experience comes from poor judgment.

~ Anonymous ~

Envy is the most stupid of vices, for there is no single advantage to be gained from it.

~ Honore de Balzac ~

A person without a sense of humor is like a wagon without springs, jolted by every pebble in the road.

~ Henry Ward Beecher ~

Glory is fleeting, but obscurity is forever.

~ Napoleon Bonaparte ~

It is only possible to live happily-ever-after on a day-to-day basis.

~ Margaret Bonnano ~

In great matters men show themselves as they wish to be seen; in small matters, as they are.

~ Gamaliel Bradford ~

Holding onto anger is like grasping a hot coal with the intent of throwing it at someone else; you are the one who gets burned.

~ Buddha ~

You can only find truth with logic if you have already found truth without it.

~ G. K. Chesterton ~

To know what is right and not do it is the worst cowardice.

~ Confucius ~

Life is a compromise of what your ego wants to do, what experience tells you to do, and what your nerves let you do.

~ Bruce Crampton ~

Every time I've done something that doesn't feel right, it's ended up not being right.

~ Mario Cuomo ~

True eloquence consists of saying all that should be said, and that only.

~ François de La Rochefoucauld ~

All human wisdom is summed up in two words — wait and hope.

~ Alexandre Dumas ~

Education is a progressive discovery of our own ignorance.

~ Will Durant ~

Men and nations behave wisely once they have exhausted all the other alternatives.

~ Abba Eban ~

I believe that a simple and unassuming manner of life is best for everyone, best both for the body and the mind.

~ Albert Einstein ~

Make everything as simple as possible, but not simpler.

~ Albert Einstein ~

There are only two ways to live your life.

One is as though nothing is a miracle.

The other is as though everything is a miracle.

~ Albert Einstein ~

Yesterday is ashes; tomorrow wood. Only today does the fire burn brightly.

~ Old Eskimo proverb ~

The one important thing I have learned over the years is the difference between taking one's work seriously and taking one's self seriously.

The first is imperative and the second is disastrous.

~ Margaret Fontey ~

Live as if you were to die tomorrow. Learn as if you were to live forever.

~ Mahatma Gandhi ~

Knowledge speaks, but wisdom listens.

~ Jimi Hendrix ~

It is the true nature of mankind to learn from mistakes, not from example.

~ Fred Hoyle ~

Few rich men own their own property.

Their property owns them.

~ Robert G. Ingersoll ~

Money and time are the heaviest burdens of life, and the unhappiest of all mortals are those who have more of either than they know how to use.

~ Samuel Johnson ~

The true measure of a man is how he treats someone who can do him absolutely no good.

~ Samuel Johnson ~

As the soft yield of water cleaves obstinate stone, so to yield with life solves the insolvable: to yield, I have learned, is to come back again.

~ Lao-tzu ~

Experience is a hard teacher because she gives the test first, the lesson afterward.

~ Vernon Sanders Law ~

Life, we learn too late, is in the living, in the tissue of every day and hour.

~ Stephen Leacock ~

Think wrongly if you please, but in all cases think for yourself.

~ Doris Lessing ~

Great spirits have always encountered violent opposition from mediocre minds.

~ Vince Lombardi ~

Conscience is the inner voice that warns us somebody may be looking.

~ H.L. Mencken ~

There are three ingredients in the good life: learning, earning and yearning.

~ Christopher Morley ~

Life is like a game of cards.
The hand that is dealt you represents determinism;
the way you play it is free will.

~ Jawaharlal Nehru ~

Mountains should be climbed with as little effort as possible and without desire.

The reality of your own nature should determine the speed. If you become restless, speed up. If you become winded, slow down. You climb the mountain in an equilibrium between restlessness and exhaustion.

Then, when you're no longer thinking ahead, each footstep isn't just a means to an end, but a unique event in itself.

~ Robert M. Pirsig ~

Great men talk about ideas; Mediocre men talk about things; Small men talk about people.

~ Admiral Hyman Rickover ~

A friendship founded on business is better than a business founded on friendship.

~ John D. Rockefeller ~

I have found that if you love life, life will love you back.

~ Arthur Rubinstein ~

Real life is, to most men...a perpetual compromise between the ideal and the possible.

~ Bertrand Russell ~

Everything has been figured out, except how to live.

~ Jean-Paul Sartre ~

There is nothing in life but refraining from hurting others, and comforting those that are sad.

~ Olive Schreiner ~

Example is not the main thing in influencing others. It is the only thing.

~ Albert Schweitzer ~

It is possible to own too much. A man with one watch knows what time it is; a man with two watches is never quite sure.

~ Lee Segall ~

There are two things to aim at in life:
 first, to get what you want;
 and, after that, to enjoy it.
Only the wisest of mankind achieve the second.

~ Logan Pearsall Smith ~

To gain a good reputation, endeavor to be what you desire to appear.

~ Socrates ~

Hate is a prolonged form of suicide. ~ Douglas V. Steere ~

The mass of men lead lives of quiet desperation.

~ Henry David Thoreau ~

Well-timed silence hath more eloquence than speech.

~ Martin Fraquhar Tupper ~

The human race has one really effective weapon, and that is laughter.

~ Mark Twain ~

Almost anything is easier to get into than out of.

~ Unknown ~

An apology is a good way to have the last word.

~ Unknown ~

Be careful how you live. You may be the only Bible some people ever read.

~ Unknown ~

Children have more need of models than of critics.

Each day slowly shapes our lives as dripping water shapes the stone.

~ Unknown ~

Everyone is a house with four rooms...

physical, mental, emotional, and spiritual.

Unless we go into every room every day,

even if only to keep it aired,

we are not a complete person.

~ Unknown ~

Kind words can be short and easy to speak, but their echoes are truly endless.

~ Unknown ~

Life is a game.
A game consists of freedom, barriers and purposes.

~ Unknown ~

Life is a mystery to be lived, not a problem to be solved.

~ Unknown ~

Taking a moment to take it easy is being a friend to yourself.

Listening means trying to see the problem the way the speaker sees it, which means not sympathy, which is feeling for him, but empathy, which is feeling with him.

~ Unknown ~

There's always room for improvement. It's the biggest room in the house.

~ Unknown ~

To handle yourself, use your head. To handle others use your heart.

~ Unknown ~

Treat the earth well: remember that it was not given to us by our parents...but was lent to us by our children.

~ Unknown ~

When you speak badly about others, you are telling who you are yourself.

~ Unknown ~

You can't make a fact out of an opinion by raising your voice.

Learn from the mistakes of others — you can't live long enough to make them all yourself.

~ Martin Vanbee ~

Expect the best, plan for the worst and prepare to be surprised.

~ Denis Waitely ~

I am not young enough to know everything.

~ Oscar Wilde ~

Assumptions are the termites of relationships.

~ Henry Winkler ~

I have often regretted my speech, never my silence.

~ Xenocrates ~

The wisdom of life consists in the elimination of nonessentials.

~ Lin Yutang ~

## ~ PERSISTENCE ~

We rate ability in men by what they finish, not by what they begin.

~ Anonymous ~

It is by sitting down to write every morning that you become a writer.

Those who do not do this remain amateurs.

~ Gerald Brenan ~

There is time enough for everything in the course of the day if you do but one thing at once; but there is not time enough in the year if you will do two things at a time.

~ Lord Chesterfield ~

True contentment...
is the power of getting out of any situation
all that there is in it.
It is arduous, and it is rare.

~ G.K. Chesterton ~

Nothing in the world can take the place of persistence.

Talent will not; nothing is more common than unsuccessful individuals with talent.

Genius will not; unrewarded genius is almost a proverb. Education will not; the world is full of educated derelicts.

Persistence and determination alone are omnipotent.

~ Calvin Coolidge ~

Character is built into the spiritual fabric of personality hour by hour, day by day, year by year in much the same deliberate way that physical health is built into the body.

~ E. Lamar Kincaid ~

Let me tell you the secret that has led me to my goal. My strength lies solely in my tenacity.

~ Louis Pasteur ~

Once a task has begun, never leave it until it's done.

Though the task be great or small,

do it well or not at all.

People who do things that count never stop to count them.

~ Unknown ~

If something is boring after two minutes, try it for four. If still boring, try it for eight, sixteen, thirty-two, and so on. Eventually, one discovers that it is not boring, but very interesting.

~ Zen saying ~

# ~ POSITIVE THINKING ~

When you dig another out of their troubles, you find a place to bury your own.

~ Anonymous ~

Our best friends and our worst enemies are our thoughts. A thought can do us more good than a doctor or a banker or a faithful friend. It can also do us more harm than a brick.

~ Dr. Frank Crane ~

The greatest discovery of my generation is that man can alter his life simply by altering his attitude of mind.

~ William James ~

Optimism and humor are the grease and glue of life.

Without both of them

we would never have survived our captivity.

~ Philip Butler, Vietnam POW ~

The future is called "perhaps," which is the only possible thing to call the future.

And the important thing is not to allow that to scare you.

~ Tennessee Williams ~

## ~ PURPOSE ~

What a man believes, he will die for. What a man merely thinks, he will change his mind about.

~ Anonymous ~

When one bases his life on principle, 99 percent of his decisions are already made.

~ Anonymous ~

To grow and know what one is growing towards – that is the source of all strength and confidence in life.

~ James Baillie ~

The art of living lies less in eliminating our troubles than in growing with them.

~ Bernard M. Baruch ~

The purpose of life is a life of purpose.

~ Robert Byrne ~

We either make ourselves miserable, or we make ourselves strong.

The amount of work is the same.

~ Carlos Castaneda ~

Our greatest illusion is reliance upon the security and permanence of material possessions. We must search for some other coin.

~ John Cudahy ~

It has become appallingly obvious that our technology has exceeded our humanity.

~ Albert Einstein ~

A people that values its privileges above its principles soon loses both.

~ Dwight D. Eisenhower, Inaugural Address, January 20, 1953 ~

If we would only give, just once,
the same amount of reflection
to what we want to get out of life
that we give to the question
of what to do with a two weeks' vacation,
we would be startled at our false standards
and the aimless procession of our busy days.

~ Dorothy Canfield Fisher ~

Starting out to make money is the greatest mistake in life.

Do what you feel you have a flair for doing, and if you are good enough at it, the money will come.

~ Greer Garson ~

Wealth lost – something lost; Honor lost – much lost; Courage lost – all lost.

~ Old German proverb ~

He who is plenteously provided for from within needs but little from without.

~ Johann Wolfgang von Goethe ~

Unhappiness is not knowing what we want and killing ourselves to get it.

~ Don Herold ~

He who conquers others is strong; he who conquers himself is mighty.

~ Lao-tzu ~

The happy and efficient people in this world are those who accept trouble as a normal detail of human life and resolve to capitalize on it when it comes along.

~ H. Bertram Lewis ~

What we do upon some great occasion will probably depend on what we already are; and what we are will be the result of previous years of self-discipline.

~ H.P. Liddon ~

Nearly all men can stand adversity, but if you want to test a man's character, give him power.

~ Abraham Lincoln ~

I can tell you how to get what you want:
You've just got to keep a thing in view
and go for it and never let your eyes wander
to right or left or up or down.
And looking back is fatal.

~ William J. Lock ~

The only measure of what you believe is what you do.

If you want to know what people believe,

don't read what they write,

don't ask them what they believe,

just observe what they do.

~ Ashley Montagu ~

If you can't help it, don't think about it.

~ Carmel Myers ~

An aim in life is the only fortune worth finding.

~ Jacqueline Kennedy Onassis ~

Good people do not need laws to tell them to act responsibly, while bad people will find a way around the laws.

~ Plato ~

To fail to do good is as bad as doing harm.

~ Plutarch ~

One of the symptoms of an approaching nervous breakdown is the belief that one's work is terribly important.

~ Bertrand Russell ~

Time is the coin of your life.

It is the only coin you have,
and only you can determine how it will be spent.

Be careful lest you let other people spend it for you.

~ Carl Sandburg ~

The height of your accomplishments will equal the depth of your convictions.

~ William F. Scolavino ~

No pleasure philosophy, no sensuality, no place nor power, no material success can for a moment give such inner satisfaction as the sense of living for a good purpose.

~ Minot Simons ~

In life many things will catch your eye, but only a few will catch your heart.

Pursue those.

~ Unknown ~

Never mistake mere activity for progress.

~ Unknown ~

The possibilities are numerous once we decide to act and not react.

We make a living by what we get; we make a life by what we give.

~ Unknown ~

You must give to get. You must sow the seed before you can reap the harvest.

~ Unknown ~

A novelist must know what his last chapter is going to say and one way or another work toward that last chapter... To me it is utterly basic yet it seems like it's a great secret.

~ Leon Uris ~

Thinking about interior peace destroys interior peace.

The patient who constantly feels his pulse is not getting any better.

~ Hubert van Zeller ~

When there is no feeling of accomplishment, children fail to develop properly and old people rapidly decline.

~ Joseph Whitney ~

# ~ QUALITY ~

What I do, I do very well, and what I don't do well, I don't do at all.

~ Anonymous ~

Talent does what it can; genius does what it must.

~ Edward George Bulwer-Lytton ~

Genius is the ability to reduce the complicated to the simple.

~ C.W. Ceram ~

When I am working on a problem
I never think about beauty.
I only think about how to solve the problem.
But when I have finished,
if the solution is not beautiful,
I know it is wrong.

~ Buckminster Fuller ~

If you want quality, act as if you already had it.

~ William James ~

Perfection is achieved, not when there is nothing more to add, but when there is nothing left to take away.

~ Antoine de Saint-Exupery ~

Every job is a self-portrait of the person who did it. Autograph your work with excellence.

## ~ REALITY ~

If you worry about what might be, and wonder what might have been, you will ignore what is.

~ Anonymous ~

Too many people overvalue what they are not and undervalue what they are.

~ Malcolm Forbes ~

Ninety-percent of the world's woe comes from people not knowing themselves, their abilities, their frailties, and even their real virtues.

Most of us go almost all the way through life as complete strangers to ourselves.

~ Sydney J. Harris ~

We have not passed that subtle line between childhood and adulthood until... we have stopped saying "It got lost," and say "I lost it."

~ Sydney J. Harris ~

Once you eliminate the impossible, whatever remains, no matter how improbable, must be the truth.

~ Sherlock Holmes (by Sir Arthur Conan Doyle) ~

To really enjoy the better things in life, one must first have experienced the things they are better than.

~ Oscar Homoka ~

Truth is not introduced into the individual from without, but was within him all the time.

~ Soren Aabye Kierkegaard ~

If we can really understand the problem, the answer will come out of it, because the answer is not separate from the problem.

~ Jiddu Krishnamurti ~

We judge ourselves by what we feel capable of doing, while others judge us by what we have already done.

~ Henry Wadsworth Longfellow ~

The average person thinks he isn't.

~ Father Larry Lorenzoni ~

It is in trifles, and when he is off his guard, that a man best shows his character.

~ Arthur Schopenhauer ~

Logic is in the eye of the logician.

~ Gloria Steinem ~

A fault recognized is half corrected.

~ Unknown ~

What is true for you is what you have observed yourself.

~ RISK ~

He who walks in another's tracks leaves no footprints.

~ Joan L. Brannon ~

Take into account that great love and great achievements involve great risks.

~ Dalai Lama ~

One of the reasons mature people stop learning is that they become less and less willing to risk failure.

~ John W. Gardner ~

The greatest evil which fortune can inflict on men is to endow them with small talents and great ambitions.

~ Vauvenargues ~

## ~ SUCCESS ~

The difficulties and struggles of today are but the price we must pay for the accomplishments and victories of tomorrow.

~ William J.H. Boetcker ~

You can succeed if nobody else believes it, but you will never succeed if you don't believe in yourself.

~ William J.H. Boetcker ~

Success seems to be connected with action.
Successful people keep moving.
They make mistakes, but they don't quit.

~ Conrad Hilton ~

The secret of every man who has ever been successful lies in the fact that he formed the habit of doing those things that failures don't like to do.

~ A. Jackson King ~

The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.

~ Vince Lombardi ~

There are no secrets to success. It is the result of preparation, hard work, learning from failure.

~ General Colin L. Powell ~

Take a second look at what appears to be someone's "good luck." You'll find not luck, but preparation, planning, and success-producing thinking.

~ David Joseph Shwartz ~

Victory goes to the player who makes the next-to-last mistake.

~ Chessmaster Savielly Grigorievitch Tartakower ~

Success has nothing to do with what you gain in life or accomplish for yourself.

It's what you do for others.

~ Danny Thomas ~

If you want to be a big company tomorrow, you have to start acting like one today.

~ Thomas Watson ~

# ~ SUFFERING ~

Those who aim at great deeds must also suffer greatly.

~ Plutarch ~

Life is like an onion... you peel off one layer at a time, and sometimes you weep.

~ Unknown ~

Buddha's doctrine:

Man suffers because of his craving to possess and keep forever things which are essentially impermanent...

this frustration of the desire to possess is the immediate cause of suffering.

~ Alan Watts ~

# ~ VISION ~

In science one tries to tell people, in such a way as to be understood by everyone, something that no one ever knew before.

But in poetry, it's the exact opposite.

~ Paul Dirac ~

Everything that can be invented has been invented.

~ Charles H. Duell, Commissioner, U.S. Office of Patents, 1899 ~

Treat people as if they were what they should be, and you help them become what they are capable of becoming.

~ Johann Wolfgang von Goethe ~

Man is the only animal that laughs and weeps, for he is the only animal that is struck with the difference between what things are, and what they might have been.

~ William Hazlitt ~

Vision without action is a daydream. Action without vision is a nightmare.

~ Japanese proverb ~

The fly that doesn't want to be swatted is most secure when it lights on the fly-swatter.

~ Georg Christoph Lichtenberg ~



There are two types of people in this world, good and bad.

The good sleep better, but the bad
seem to enjoy the waking hours much more.

~ Woody Allen ~

A budget is just a method of worrying before you spend money, as well as afterward.

~ Anonymous ~

An economic forecaster is like a cross-eyed javelin thrower: they don't win many accuracy contests, but they keep the crowd's attention.

~ Anonymous ~

Time is that quality of nature which keeps events from happening all at once. Lately it doesn't seem to be working.

~ Anonymous ~

Wit is educated insolence.

~ Aristotle ~

*Life is pleasant. Death is peaceful. It's the transition that's troublesome.* 

~ Isaac Asimov ~

Behind every great fortune there is a crime. ~ Honore de Balzac ~

All dogs look up to you. All cats look down to you. Only a pig looks at you as an equal.

~ Alben W. Barkley (U.S. Vice President) ~

Happiness is good health and a bad memory.

~ Ingrid Bergman ~

Half this game is ninety percent mental.

~ Yogi Berra ~

It's getting late earlier.

~ Yogi Berra ~

You give 100 percent in the first half of the game, and if that isn't enough, in the second half you give what's left.

~ Yogi Berra ~

You got to be careful if you don't know where you're going, because you might not get there.

~ Yogi Berra ~

All are lunatics, but he who can analyze his delusion is called a philosopher.

~ Ambrose Bierce ~

Egotist: a person more interested in himself than in me.

~ Ambrose Bierce ~

Pray, n:.

To ask that the laws of the universe be annulled in behalf of a single petitioner confessedly unworthy.

~ Ambrose Bierce ~

The covers of this book are too far apart.

~ Ambrose Bierce ~

I do not object to people looking at their watches when I am speaking. But I do strongly object when they start shaking them to make sure they are still going.

~ Lord Birkett ~

We all agree that your theory is crazy, but is it crazy enough?

~ Niels Bohr ~

Never interrupt your enemy when he is making a mistake.

~ Napoleon Bonaparte ~

When you win, say nothing. When you lose, say less.

~ Paul Brown ~

I worship the quicksand he walks in.

~ Art Buchwald ~

It is much more comfortable to be mad and know it, than to be sane and have one's doubts.

~ G. B. Burgin ~

The optimist proclaims that we live in the best of all possible worlds, and the pessimist fears this is true.

~ James Branch Cabell ~

A lie gets halfway around the world before the truth has a chance to get its pants on.

~ Sir Winston Churchill ~

Any man who is under 30, and is not a liberal, has no heart; and any man who is over 30, and is not a conservative, has no brains.

~ Sir Winston Churchill ~

He has all the virtues I dislike and none of the vices I admire.

~ Sir Winston Churchill ~

The difference between fiction and reality? Fiction has to make sense.

~ Tom Clancy ~

If you had your life to live over again you'd need more money.

~ Construction Digest ~

Life was a funny thing that occurred on the way to the grave.

~ Quentin Crisp ~

I'm living so far beyond my income that we may almost be said to be living apart.

~ e.e. cummings ~

The only difference between me and a madman is that I'm not mad.

~ Salvador Dali ~

A billion here, a billion there, and pretty soon you're talking about real money.

~ Everett Dirksen ~

Be nice to people on your way up because you meet them on your way down.

~ Jimmy Durante ~

His ignorance is encyclopedic.

~ Abba Eban ~

Only two things are infinite, the universe and human stupidity, and I'm not sure about the former.

~ Albert Einstein ~

Blessed is the man, who having nothing to say, abstains from giving wordy evidence of the fact.

~ George Eliot ~

Some editors are failed writers, but so are most writers.

~ T. S. Eliot ~

*If you think education is expensive, try ignorance.* 

~ Benjamin Franklin ~

*In this world, nothing is certain but death and taxes.* 

~ Benjamin Franklin ~

A bank is a place where they lend you an umbrella in fair weather and ask for it back when it begins to rain.

~ Robert Frost ~

I do not feel obliged to believe that the same God who has endowed us with sense, reason, and intellect has intended us to forgo their use.

~ Galileo Galilei ~

Be careful of your thoughts; they may become words at any moment.

~ Ira Gassen ~

If you can count your money, you don't have a billion dollars.

~ J. Paul Getty ~

I'm proud to be paying taxes in the United States. The only thing is, I could be just as proud for half the money.

~ Arthur Godfrey ~

When ideas fail, words come in very handy.

~ Johann Wolfgang von Goethe ~

Thank you for sending me a copy of your book – I'll waste no time reading it.

~ Moses Hadas ~

This book fills a much-needed gap.

~ Moses Hadas, in a review ~

The nice thing about egotists is that they don't talk about other people.

~ Lucille S. Harper ~

There are two ways of constructing a software design; one way is to make it so simple that there are obviously no deficiencies, and the other way is to make it so complicated that there are no obvious deficiencies.

The first method is far more difficult.

~ C. A. R. Hoare ~

Many a man's reputation would not know his character if they met on the street.

~ Elbert Hubbard ~

The trick is to stop thinking of it as 'your' money.

~ IRS auditor ~

Friends may come and go, but enemies accumulate.

~ Thomas Jones ~

Forgive your enemies, but never forget their names.

~ John F. Kennedy ~

Only in American banks can you find the pens chained to the counter and the doors wide open.

~ Branden Kerr ~

People demand freedom of speech to make up for the freedom of thought which they avoid.

~ Soren Aabye Kierkegaard ~

There cannot be a crisis next week. My schedule is already full.

~ Henry Kissinger ~

I figure you have the same chance of winning the lottery whether you play or not.

~ Fran Leibowitz ~

The telephone is a good way to talk to people without having to offer them a drink.

~ Fran Leibowitz ~

Everyone is a genius at least once a year; a real genius has his original ideas closer together.

~ Georg Lichtenberg ~

I can write better than anybody who can write faster, and I can write faster than anybody who can write better.

~ A. J. Liebling ~

He can compress the most words into the smallest idea of any man I know.

~ Abraham Lincoln ~

He reminds me of the man who murdered both his parents, and then, when sentence was about to be pronounced, pleaded for mercy on the grounds that he was an orphan.

~ Abraham Lincoln ~

If I were two-faced, would I be wearing this one?

~ Abraham Lincoln ~

When I hear a man preach,
I like to see him act as if he were fighting bees.

~ Abraham Lincoln ~

If you haven't got anything nice to say about anybody, come sit next to me.

~ Alice Roosevelt Longworth ~

Nothing is wrong with California that a rise in the ocean level wouldn't cure.

~ Ross MacDonald ~

One of the most important things to remember about infant care is never change diapers in midstream.

~ Don Marquis ~

From the moment I picked your book up until I laid it down I was convulsed with laughter.

Some day I intend reading it.

~ Groucho Marx ~

I've had a wonderful time, but this wasn't it.

~ Groucho Marx ~

I owe the government \$3,400 in taxes. So I sent them two hammers and a toilet seat.

~ Michael McShane ~

Don't be so humble--you are not that great. (To a visiting diplomat.)

~ Golda Meir ~

No one ever went broke underestimating the taste of the American public.

~ H.L. Mencken ~

Unquestionably, there is progress.

The average American now pays out
twice as much in taxes as he formerly got in wages.

~ H.L. Mencken ~

Copy from one, it's plagiarism; copy from two, it's research.

~ Wilson Mizner ~

I've been on a calendar, but never on time.

~ Marilyn Monroe ~

Woman was God's second mistake.

~ Friedrich Nietzsche ~

Everywhere I go I'm asked if I think the university stifles writers.

My opinion is that they don't stifle enough of them.

~ Flannery O'Connor ~

There's many a bestseller that could have been prevented by a good teacher.

~ Flannery O'Connor ~

If women didn't exist, all the money in the world would have no meaning.

~ Aristotle Onassis ~

Every day I get up and look through the Forbes list of the richest people in America. If I'm not there, I go to work.

~ Robert Orben ~

The object of war is not to die for your country but to make the other bastard die for his.

~ General George S. Patton ~

An economist is an expert who will know tomorrow why the things he predicted yesterday didn't happen today.

~ Laurence J. Peter ~

Attention to health is life's greatest hindrance.

~ Plato ~

A computer lets you make more mistakes faster than any other invention in human history, with the possible exception of handguns and tequila.

~ Mitch Radcliffe ~

Even if you are on the right track, you'll get run over if you just sit there.

~ Will Rogers ~

If stupidity got us into this mess, then why can't it get us out?

~ Will Rogers ~

I'm not a member of any organized political party, I'm a Democrat!

~ Will Rogers ~

When you get to the end of your rope, tie a knot in it and hang on!

~ Franklin D. Roosevelt ~

Most people would sooner die than think; in fact, they do so.

~ Bertrand Russell ~

Hell is other people.

~ Jean-Paul Sartre ~

I have a new philosophy. I'm only going to dread one day at a time.

~ Charles Schultz ~

If all economists were laid end to end, they would not reach a conclusion.

~ George Bernard Shaw ~

There are some experiences in life which should not be demanded twice from any man, and one of them is listening to the Brahms Requiem.

~ George Bernard Shaw ~

There is no sincerer love than the love of food.

~ George Bernard Shaw ~

My advice to you is get married: if you find a good wife you'll be happy; if not, you'll become a philosopher.

~ Socrates ~

Too many pieces of music finish too long after the end.

~ Igor Stravinsky ~

Distrust any enterprise that requires new clothes.

~ Henry David Thoreau ~

I'd give \$1,000 to be a millionaire.

~ Lewis Timberlake ~

Why is it when we talk to God, we're said to be praying, but when God talks to us, we're schizophrenic.

~ Lily Tomlin ~

Always do right — This will gratify some people and astonish the rest.

~ Mark Twain ~

Denial ain't just a river in Egypt.

~ Mark Twain ~

Few things are harder to put up with than a good example.

~ Mark Twain ~

I have never let my schooling interfere with my education.

~ Mark Twain ~

Wagner's music is better than it sounds.

~ Mark Twain ~

When I was younger, I could remember anything, whether it had happened or not; but my faculties are decaying now and soon I shall be so I cannot remember any but the things that never happened.

It is sad to go to pieces like this, but we all have to do it.

~ Mark Twain ~

When in doubt, tell the truth.

~ Mark Twain ~

Why is it that we rejoice at a birth and grieve at a funeral? It is because we are not the person involved.

~ Mark Twain ~

We'll burn that bridge when we come to it.

~ Unknown ~

When I was a boy of fourteen, my father was so ignorant I could hardly stand to have the old man around.

But when I got to be twenty-one,
I was astonished at how much he had learned in seven years.

~ Unknown ~

In theory, there is no difference between theory and practice.

But, in practice, there is.

~ Jan L.A. van de Snepscheut ~

When choosing between two evils, I always like to try the one I've never tried before.

~ Mae West ~

A man can't be too careful in the choice of his enemies.

~ Oscar Wilde ~

It is better to have a permanent income than to be fascinating.

~ Oscar Wilde ~

Some cause happiness wherever they go; others, whenever they go. –

~ Oscar Wilde

If you think nobody cares if you're alive, try missing a couple of car payments.

~ Earl Wilson ~

I'm all in favor of keeping dangerous weapons out of the hands of fools. Let's start with typewriters (computers).

~ Frank Lloyd Wright ~

There is more stupidity than hydrogen in the universe, and it has a longer shelf life.

~ Frank Zappa ~

A lot of people quit looking for work as soon as they find a job.

~ Zig Ziglar ~

# AFFIRMATIONS AND GOAL SETTING

For those who like this sort of thing, this is the sort of thing they like.

~ Abraham Lincoln ~

Who is this for? Anyone who has been inspired by the contents of this book and wants to take action to be a "change agent." This is especially important for those who have not properly balanced their lives between the nine areas that are listed below. And for those whose careers have taken over their lives, either by chance or design, ponder this thought: *No person on his or her deathbed ever said "I wish I'd spent more time at the office."* 

What is the difference between an affirmation and a goal? You will find that they are definitely related, but there are some unique aspects of each.

Affirmations are positive statements of acceptance that can be used to acknowledge what you are or to create change to what you want to be. The idea is to remove the negativity around you and substitute positive thoughts. The belief that by affirming what you want can make it happen is an important ingredient to success. When affirming verbally and/or in writing what you want, especially coupled with visualizing in your mind what the realization would look like, this tool can be extremely powerful in accomplishing change.

Goals are objectives that should always be reduced to writing. They are statements of intent that require action to achieve their accomplishment. Accordingly, goal setting statements should be accompanied by specific "action plans" that lead to the achievement of the goals. The details follow.

# ~ AFFIRMATIONS ~

The following steps should be used to create affirmations:

- (1) Decide what area of your life you want to affirm or to change. There are nine areas from which to choose: personal, family, physical health, mental health, social, educational, recreational/leisure time, spiritual, and financial.
- (2) If you desire to create change, decide what it is you want.
- (3) Write a statement that verbally states what you want to create as though it already existed.
  - Use the present tense, not the future. ("I am," not "I will.")
  - > Use positive terms, not negative terms. For example, you would not want to say you will "quit smoking," you would want to say you see yourself as "smoke-free."
  - Keep the affirmation as short as possible and be very specific.
  - > Include a statement of the reason you are making the affirmation (e.g., "because...")

- (4) Read and repeat your affirmations often. It is best to have a specific time each day for this and to mentally visualize the result.
- (5) Limit the number of your affirmations to a manageable level.

# Sample Affirmations:

"I am communicating and visiting frequently with my parents because of my love for them and because their need of me is greater now that they are older."

"I thrive on my exercise program by engaging in aerobic exercise of 20 minutes duration at least four times per week because it makes me feel healthy, strong, energetic and assists in maintaining my weight at 175 pounds or lower."

"I am an avid reader and learner, spending at least two hours per week improving my knowledge or in pleasure reading."

"I seek out opportunities to listen to music several times per week because it inspires my musical creativity and makes me feel positive."

# ~ GOAL SETTING ~

The following steps can be used to create goals.

- 1. Make sure the goal toward which you wish to work is something you really want, not just something that sounds good.
  - When setting goals, it is very important to remember that your goals must be consistent with your values.
  - Be careful what you wish for...you may get it!
- 2. A goal cannot contradict any of your other goals (you can't realistically have a goal to buy a million-dollar house if you've chosen a job that only pays \$25,000 a year).
- 3. Develop goals based on the same nine areas of your life identified in the affirmations discussion: personal, family, physical health, mental health, social, educational, recreational/leisure time, spiritual, and financial. And remember the importance of balancing your life!

- 4. Write your goal in the positive instead of the negative
  - > Work for what you want, not for what you want to eliminate.
  - > The more positive instructions you give yourself, the more positive results you will get.
- 5. Write your goal out in complete detail
  - > Instead of writing "A new home," write something like "A 3,000 square foot contemporary home with 3 bedrooms and 3 baths and a view of the mountains on 1 acre of land."
  - > You should be able to close your eyes and visualize what your goal would look like.
- 6. Make sure your goal is realistic and obtainable, but high enough to allow for some stretch.
- 7. Review your goals often.
  - If you need to scale back a goal, don't consider it a failure. Consider it a victory, as you had the insight to realize something changed.
  - Make reviewing your goals a part of your routine.
  - > Visualize the completed goal.

8. Develop more specific "action steps" for your goals. These are the things you need to do and the date by which you need to do them to achieve your goals.

Sample Goal and Action Steps (Note – the steps below are not necessarily all-inclusive, however they will give you an idea of how to write action steps to achieve a goal.):

It is my goal to successfully climb to the top of Pikes Peak by the middle of next August.

	Start	Finish
Action Step	Date	Date
Obtain pricing for equipment	10/15	10/31
Save money to buy equipment	11/1	3/31
Develop exercise program	10/25	10/28
Carry out exercise program	11/1	8/15
Determine route of climb	3/10	3/31
Purchase equipment	4/1	<b>4/</b> 30
Make reservation in Colorado	4/15	<b>4/</b> 20
Make climb		8/15

# ~ A FINAL WORD ~

Each citation in this book stands alone in its value and use to us as a "world~class quotation." I would never want to detract from the quality that each of them brings individually to us. Yet, as this book was being assembled and the quotations were organized into subject areas, it became apparent that, together, they form a whole that is greater than the sum of the parts.

Those quotations that relate to the same or a similar subject can shed new light on each other to give us even greater perspectives and insights. And, as you may have already discovered, by applying *Affirmations* and *Goal Setting* to your favorite quotations from this book, you have an exciting tool to assist you in your lifelong journey of affirming all that is right about you today and becoming all that you wish to become tomorrow.

May your life be a journey of exciting challenges that inspires world~class quotations of your own making!

# **INDEX**

Abd-Al-Rahman	Reality, 128		
Happiness, 93	Success, 51		
Addison, Joseph	Suffering, 54		
Living, 102	Vision, 57		
Aesop	Anouilh, Jean		
Change, 16	Acceptance, 62		
Alcoholics Anonymous	Antisthenes		
Acceptance, 4	Friendship/Love, 90		
Alcott, Louisa May	Aristotle		
Aspirations, 12	Change, 79		
Fear, 24	Happiness, 93		
Allen, Woody	Humor, 139		
Humor, 139	Quality, 46		
Ambrose, David V.A.	Asimov, Isaac		
Aspirations, 76	Humor, 139		
Amiel, Henri Frederic	Augustine, Saint		
Action, 70	Faith, 21		
Andrews, H.W.	Aurelius, Marcus		
Action, 7	Acceptance, 62		
Anonmyous	Fear, 88		
Action, 8	Happiness, 93-94		
Anonymous			
Acceptance, 4, 62 Baillie, James			
Action, 7, 70	Purpose, 119		
Change, 16, 79	Ball, Ivern		
Faith, 21, 86	Aspirations, 76		
Fear, 88	Balzac, Honore de		
Friendship/Love, 90	Humor, 140		
Happiness, 27, 93	Living, 102		
Humor, 139	Barclay, William		
Living, 31, 102	Acceptance, 62		
Persistence, 114	Barkley, Alben W.		
Positive Thinking, 38, 117 Humor, 140			
Purpose, 119	Barton, Bruce		
Quality, 126 Circumstance			

Bradford, Gamaliel Baruch, Bernard M. Living, 103 Purpose, 119 Beecher, Henry Ward Bradley, Preston Living, 102 Change, 16 Bell, Alexander Graham Braiker, Dr. Harriet Purpose, 42 Aspirations, 76 Bennett, William Brannon, Joan L. Risk, 131 Happiness, 94 Brault, Robert Bergman, Ingrid Humor, 140 Little Things, 29 Bergson, Henri Braun, Wernher von Ability, 3 Quality, 46 Berlin, Irving Brenen, Gerald Acceptance, 63 Persistence, 114 Berra, Yogi Brennan, Stephen A. Humor, 140 Action, 8 Bierce, Ambrose Brice, Fanny Humor, 141 Acceptance, 4 Billings, Josh Brothers, Dr. Joyce Happiness, 94 Risk, 49 Binstock, Louis Brothers, Joyce Failure, 20 Failure, 84 Birkett, Lord Broun, Heywood Humor, 141 Failure, 84 Bodhidharma Brown, Gene Action, 70 Action, 8 Boetcker, William J.H. Brown, Paul Success, 132 Humor, 142 Bohn, Niels Browne, Merry Humor, 141 Friendship/Love, 91 Bonaparte, Napoleon Bryan, William Jennings Aspirations, 76 Fear. 88 Circumstance, 19 Buchwald, Art Humor, 142 Humor, 142 Living, 102 Buddha Aspirations, 76 Bonnano, Margaret Living, 103 Living, 103 Bonnell, John Sutherland Buddhist, ancient proverb Happiness, 94 Persistence, 36 Boswell, James Bulwer-Lytton, Edward George Friendship/Love, 90 Quality, 126 Bourge, Paul Burdette, Robert Jones Happiness, 94 Living, 31

Burgess, Gelett Change, 80 Change, 79 Chesterfield, Lord Happiness, 95 Persistence, 114 Burgin, G.B. Chesterton, G.K. Humor, 142 Living, 103 Burke, Edmund Persistence, 114 Action, 70-71 Chinese proverb Burns, Carl Action, 8, 71 Aspirations, 77 Change, 80 Butler, Philip Happiness, 27 Positive Thinking, 117 Persistence, 36 Butler, Samuel Success, 51 Change, 79 Chuang-tzu Happiness, 95 Acceptance, 4 Byrne, Robert Happiness, 95 Purpose, 119 Churchill, Sir Winston Humor, 142-143 Cabell, James Branch Persistence, 36 Humor, 142 Positive Thinking, 38 Carnegie, Dale Success, 51 Acceptance, 63 Cicero Action, 8 Change, 80 Success, 51 Clancy, Tom Carrel, Dr. Alexis Humor, 143 Change, 80 Clarke, James Freeman Carver, George Washington Happiness, 27 Ouality, 46 Coffin, Henry Sloane Castaneda, Carlos Faith, 21 Change, 17 Collins, John Churton Purpose, 120 Fear, 88 Cato the Elder Colton, Charles Caleb Quality, 46 Action, 9 Ceram, C.W. Aspirations, 12 Confucius Quality, 126 Cerami, Charles A. Failure, 20 Success, 51 Living, 103 Chamberlain, Wilt **Construction Digest** Change, 80 Humor, 143 Chardin, Pierre Teilhard de Coolidge, Calvin Ability, 3 Persistence, 115 Charell, Ralph Cosby, Bill Aspirations, 12 Quality, 46 Chase, Alexander Crampton, Bruce

Living, 103 Vision, 135 Crane, Dr. Frank Dirksen. Everett Action, 71 Humor, 144 Positive Thinking, 117 Douglas, James Crisp, Quentin Acceptance, 64 Humor, 143 Dreier, Thomas Crook, James Aspirations, 13 Uniqueness, 55 Drucker, Peter Cudahy, John Ability, 61 Purpose, 120 Du Bos, Charles cummings, e.e. Aspirations, 13 Humor, 143 Duell, Charles, H. Uniqueness, 55 Vision, 135 Cuomo, Mario Dumas, Alexandre Living, 104 Living, 104 Durant, Will Dalai Lama Living, 104 Durante, Jimmy Acceptance, 63 Failure, 84 Humor, 144 Friendship/Love, 91 Dyer, Wayne Happiness, 27, 95 Acceptance, 64 Living, 31 Risk, 131 Eban, Abba Dali, Salvador Humor, 144 Humor, 143 Living, 104 De Bussy-Rabutin, Roger Eckhart, Meister Acceptance, 63 Acceptance, 5 de La Rochefoucauld, Francois Eco, Umberto Living, 104 Acceptance, 64 De Vos, Richard M. Edison, Thomas Alva Faith, 21 Aspirations, 77 Demonsthenes Failure, 84 Success, 52 Little Things, 101 Descartes, Rene Einstein, Albert Success, 52 Change, 80 Deschamps, Eustache Humor, 144 Friendship/Love, 91 Living, 104-105 Dewey, John Purpose, 120 Aspirations, 12 Quality, 47 Happiness, 95 Eisenhower, Dwight D. Purpose, 120 Dinesen, Isak Little Things, 29 Eliot, George Dirac, Paul Aspirations, 13

Humor, 144 Frost, Robert Eliot, T.S. Acceptance, 65 Humor, 144 Humor, 145 Risk, 49 Fuller, Buckminster Emerson, Ralph Waldo Quality, 126 Acceptance, 64 Fuller, Thomas Action, 71 Acceptance, 65 Faith, 86 Persistence, 36 Galilei, Galileo Uniqueness, 55 Humor, 145 **Epictetus** Gandhi, Mahatma Little Things, 29 Acceptance, 65 Purpose, 42 Faith, 21 **Epicurus** Happiness, 96 Acceptance, 64 Living, 105 Eskimo, old proverb Persistence, 37 Living, 105 Gardner, John W. Risk, 131 Faber, Frederick W. Garson, Greer Friendship/Love, 25 Purpose, 121 Fisher, Dorothy Canfield Gassen, Ira Purpose, 120 Humor, 145 Fontey, Margaret German, old proverb Living, 105 Purpose, 121 Forbes, B.C. Getty, J. Paul Positive Thinking, 38 Humor, 145 Forbes, Malcolm Gibbon, Edward Aspirations, 77 Positive Thinking, 38 Reality, 128 Gibran, Kahlil Ford, Henry Living, 32 Aspirations, 13 Purpose, 42 Failure, 20 Gide, Andre Faith, 86 Acceptance, 65 Francis, Saint of Assisi Godfrey, Arthur Purpose, 42 Humor, 146 Frankel, Viktor Goethe, Johann Wolfgang von Change, 17 Action, 72 Franklin, Benjamin Humor, 146 Action, 9, 71 Purpose, 121 Happiness, 96 Vision, 135 Humor, 145 Gordon, Arthur French proverb Acceptance, 66 Persistence, 36 Grayson, David

Homoka, Oscar Acceptance, 66 Greene, Graham Reality, 129 Horban, Donald Happiness, 96 Acceptance, 66 Hadas, Moses Howe, Edgar Watson Humor, 146 Action, 72 Hahn, Kurt Hoyle, Fred Ability, 3 Living, 106 Harper, Lucille S. Hubbard, Elbert Humor, 146 Ability, 3 Harris, Sydney J. Humor, 147 Living, 32 Reality, 128 Hawking, Stephen Acceptance, 66 Ihnatko, Andy Hawthorne, Nathaniel Aspirations, 77 Happiness, 28 Inge, William Ralph Hazlitt, William Happiness, 28 Vision, 135 Ingersoll, Robert G. Hemmingway, Ernest Living, 106 Action, 9 **IRS** Auditor Hendrix, Jimi Humor, 147 Living, 105 Henley, William Ernest James, William Purpose, 43 Faith, 22 Herold, Don Positive Thinking, 117 Purpose, 121 Purpose, 43 Hill, Napoleon Ouality, 126 Success, 52 Jameson, Storm Suffering, 54 Living, 32 Hilton, Conrad Jampolsky, Gerald Success, 132 Change, 17 Hoare, C.A.R. Japanese proverb Humor, 146 Vision, 136 Hodgson, Ralph Jefferson, Thomas Faith, 86 Happiness, 96 Holmes, Carol Success, 52 Johnson, Samuel Happiness, 28 Holmes, Oliver Wendell Living, 106 Change, 17 Persistence, 37 Jones, Charles Holmes, Sherlock Reality, 129 Change, 80 Holt, John Jones, Thomas Humor, 147 Purpose, 43

Joubert, Joseph Action, 72 L'Amour, Louis Change, 81 Purpose, 43 Jung, Carl Uniqueness, 55 Faith, 86 Landon, Walter Savage Acceptance, 66 Kay, Alan Lao-tzu Action, 9 Acceptance, 5, 67 Kearns, David T. Failure, 85 Quality, 47 Living, 106 Keller Purpose, 121 Acceptance, 5 Law, Vernon Sanders Keller, Helen Living, 106 Happiness, 96-97 Leacock, Stephen Little Things, 29 Living, 107 Positive Thinking, 39 Leibowitz, Fran Purpose, 43 Humor, 148 Kennedy, John F. Lemley, Bill Change, 17 Living, 32 Humor, 147 Lessing, Doris Positive Thinking, 39 Living, 107 Kennedy, Robert F. Levinger, George Failure, 20 Friendship/Love, 91 Kerr, Branden Lewis, Bertram Humor, 147 Purpose, 122 Kettering, Charles F. Lichtenberg, Georg Failure, 84 Humor, 148 Kierkegaard, Soren Aabye Lichtenberg, Georg Christoph Humor, 147 Vision, 136 Reality, 129 Liddon, H.P. Kincaid, E. Lamar Purpose, 122 Persistence, 115 Liebling, A.J. King, A. Jackson Humor, 148 Success, 132 Lincoln, Abraham Happiness, 97 King, Martin Luther, Jr. Quality, 47 Humor, 148-149 Kissinger, Henry Positive Thinking, 39 Humor, 147 Purpose, 122 Kleiser, Grenville Lindsey, Hal Action, 72 Faith, 87 Aspirations, 14 Lipson, Benjamin Krishnamurti, Jiddu Failure, 85 Littre, Emile Reality, 129

Action, 73 Maurois, Andre Lock, William J. Happiness, 97 Happiness, 97 McCabe, Edward Purpose, 122 Positive Thinking, 39 Lombardi, Vince McShane, Michael Action, 73 Humor, 150 Living, 107 Meir, Golda Success, 133 Acceptance, 5 Longfellow, Henry Wadsworth Humor, 150 Reality, 129 Mencken, H.L. Longworth, Alice Roosevelt Humor, 150 Humor, 149 Living, 107 Lorenzoni, Father Larry Miller, Henry Reality, 129 Circumstance, 19 Lorimer, George Claude Mizner, Wilson Action, 73 Humor, 150 Luce, Clare Boothe Monroe, Marilyn Faith, 87 Humor, 150 Montagu, Ashley MacArthur, Douglas Failure, 85 Positive Thinking, 39 Purpose, 123 MacDonald, Ross Moore, Henry Humor, 149 Little Things, 29 MacEwan, Norman Morley, Christopher Purpose, 43 Living, 107 Mackintosh Persistence, 37 Aspirations, 77 Morley, J. Kenfield Quality, 47 Positive Thinking, 39 Malesherbez, C. Mortman, Doris Action, 73 Acceptance, 67 Mansfield, Katherine Muller, Robert Aspirations, 14 Living, 32 Marden, Orison Swett Myers, Carmel Persistence, 37 Purpose, 123 Marquis, Don Friendship/Love, 25 Nehru, Jawaharlal Humor, 149 Living, 107 Newman, Ernest Marx. Groucho Humor, 149-150 Action, 73 Maslow, Abraham Nicholas, Ben Fear, 89 Action, 74 Mason, Martha Niebuhr, Reinhold Friendship/Love, 91 Living, 33

Nietzsche, Friedrich **Plautus** Humor, 151 Friendship/Love, 91 Plutarch O'Connor, Flannery Purpose, 123 Humor, 151 Suffering, 134 Onassis, Aristotle Pope, Alexander Humor, 151 Living, 33 Onassis, Jacqueline Kennedy Powell, General Colin L. Purpose, 123 Success, 133 Orben, Robert Pushkin, Aleksandr Humor, 151 Acceptance, 6 Ovid Positive Thinking, 40 Radcliffe, Mitch Humor, 152 Rader, Doug Parket, Seth Purpose, 44 Risk, 49 Pasteur, Louis Raven, Arlene Persistence, 115 Acceptance, 67 Patton, General George S. Reiland, Hark Action, 74 Happiness, 98 Faith, 22 Repplier, Agnes Humor, 151 Happiness, 98 Pavese, Cesare Richards, Charles Change, 81 Action, 74 Penn, William Rickey, Branch Purpose, 44 Aspirations, 77 Perelman, S.J. Rickover, Admiral Hyman Change, 81 Living, 108 Persian, ancient saying Rilke, Rainer Maria Acceptance, 5 Little Things, 101 Peter, Laurence J. Robertson, Frederick W. Humor, 152 **Risk.** 49 Rockefeller, John D III Phil, Sidney J. Faith, 22 Happiness, 98 Rockefeller, John D. Piercy, Marge Living, 33 Living, 108 Pirsig, Robert M. Rogers, Carl Acceptance, 5 Change, 17 Living, 108 Rogers, James Plato Vision, 57 Happiness, 97 Rogers, Will Humor, 152 Humor, 152 Rolland, Romain Purpose, 123

Circumstance, 19 Fear, 24 Rooney, Andy Purpose, 44 Happiness, 99 Schopenhauer, Arthur Roosevelt, Eleanor Change, 81 Acceptance, 67 Reality, 130 Roosevelt, Franklin D. Schreiner, Olive Humor, 153 Living, 109 Roosevelt, Theodore Schultz, Charles Circumstance, 19 Humor, 153 Root, Elihu Schwartz, David Joseph Failure, 85 Success, 133 Rossetti, Christina Schweitzer, Albert Action, 74 Happiness, 98 Rousseau, Jean Jacques Living, 109 Scolavino, William F. Uniqueness, 55 Royce, Josiah Purpose, 124 Faith, 87 Segall, Lee Rubinstein, Arthur Living, 109 Living, 108 Seneca, Marcus Annaeus Action, 74 Russell. Bertrand Humor, 153 Suffering, 54 Living, 108 Setter, Maurice Purpose, 123 Acceptance, 67 Shaw, George Bernard Sadat, Anwar Change, 82 Change, 81 Circumstance, 19 Saint-Exupery, Antoine de Humor, 153 Change, 81 Simons, Minot Quality, 127 Purpose, 124 Salak, John Charles Smalley, Dave E. Failure, 85 Change, 82 Sand, G. Smith, Adam Change, 18 Happiness, 28 Sandburg, Carl Smith, Alexander Purpose, 124 Action, 9 Santayana, George Smith, Logan Pearsall Living, 109 Acceptance, 67 Sartre, Jean-Paul Success, 52 Humor, 153 Smith, R. Living, 109 Little Things, 101 Schiff, Miriam Socrates Aspirations, 14 Acceptance, 68 Schiller, J.C.F. von Humor, 154

Living, 109 Thomas, Danny Solomon Success, 133 Vision, 57 Thoreau, Henry David Spalding, John Lancaster Acceptance, 68 Acceptance, 6 Aspirations, 14 Steere, Douglas V. Humor, 154 Living, 110 Living, 110 Steinem, Gloria Uniqueness, 56 Reality, 130 Tibolt, Frank Stevenson, Robert Louis Action, 75 Little Things, 30 Timberlake, Lewis Stimson, Henry L. Humor, 154 Faith, 87 Todd, Mike Strago, Mikkhail Positive Thinking, 40 Living, 33 Tomlin, Lily Stravinsky, Igor Humor, 154 Humor, 154 Trump, Donald Street, D.M. Aspirations, 15 Tupper, Martin Fraquhar Living, 33 Stuart, Janet Erskine Living, 110 Action, 74 Turkish proverb Stubbs, Charles William Change, 18 Acceptance, 68 Twain, Mark Suenens, L.J. Cardinal Ability, 61 Risk, 49 Acceptance, 68 Sun Tzu Fear, 89 Action, 9 Humor, 154-156 Swindoll, Charles, 2 Living, 110 Aspirations, 78 Swope, Herbert Bayard Unknown, 58, 60 Failure, 85 Ability, 3 Szasz, Thomas Acceptance, 6, 68 Action, 9-10, 75 Aspirations, 78 Happiness, 98 Aspirations, 15 Change, 18, 82 Tartakower, Savielly Grigorievitch Failure, 20 Success, 133 Faith, 22, 87 Taylor, Jeremy Fear, 24 Friendship/Love, 25 Friendship/Love, 25-26, 92 Tennyson, Alfred Lord Happiness, 28 Friendship/Love, 92 Humor, 156 Teresa, Mother Little Things, 30 Action, 75 Living, 33-34, 110-112

Living, 34 Watts, Alan Persistence, 37, 115-116 Suffering, 134 Positive Thinking, 40-41 Weatherly, G. Purpose, 44, 124-125 Acceptance, 69 Quality, 47-48, 127 Weil, Simone Reality, 130 Acceptance, 69 Risk, 50 West, Mae **Success**, 52-53 Humor, 156 Suffering, 134 Westermayer, H.U. Uniqueness, 56 Acceptance, 6 Vision, 57 Whitney, Joseph Uris Purpose, 125 Purpose, 125 Whitney, Phyllis Purpose, 45 Valery, Paul Wilde, Oscar Quality, 48 Acceptance, 69 van de Snepscheut, Jan L.A. Humor, 156-157 Humor, 156 Living, 35, 113 van Gogh, Vincent Positive Thinking, 41 Williams, Tennessee Little Things, 101 van Zeller, Hubert Positive Thinking, 118 Purpose, 125 Wilson, Earl Vanbee, Martin Humor, 157 Living, 113 Wilson, Reverend Oliver G. Vauvenargues Action, 11 Risk, 131 Winkler, Henry Viscot, David Living, 113 Action, 10 Wooden, John Friendship/Love, 26 Acceptance, 6 Wright, Frank Lloyd Waitely, Denis Faith, 23 Action, 10 Humor, 157 Living, 113 Ward, William Author Xenocrates Living, 113 Acceptance, 69 Living, 34 Yoda Washington, Booker T. Success, 53 Faith, 23 Washington, George Young, Edward Happiness, 99 Happiness, 100 Watson, Thomas Yutang, Lin Purpose, 45 Faith, 23 Success, 133 Living, 113

Zappa, Frank
Humor, 157
Zen Buddhist tenet
Living, 35
Zen saying
Persistence, 116
Ziege, W.W.
Purpose, 45
Ziglar, Zig
Humor, 157
Zola, Emile
Action, 75

## BOOKS BY PAUL D. KADAVY

AVAILABLE ON THE FOLLOWING WEBSITES: ARROW PUBLICATIONS (www.arrowpublications.net); AMAZON.COM (www.amazon.com); ETSY.COM (www.BooksThatBehave.etsy.com):

**Covered Call Writing Demystified:** Double-Digit Returns on Stocks in a Slower Growth Market for the Conservative Investor

**Covered Call Writing with Exchange Traded Funds (ETFs):** Double-Digit Returns, Diversification, Downside Protection

**Covered Call Writing with Qs and Diamonds:** Double-Digit Returns on Ready-Made Portfolios

**Put Option Writing Demystified:** Earn Double-Digit Cash Returns While Waiting to Buy Stocks at a Discount

**Writing Uncovered Put and Call Combinations:** Earn Two Option Premiums from One Margin Requirement on Individual Stocks and Exchange Traded Funds (ETFs) Without Owning Them

Short Spider Straddles: A Winning Combination

**Put and Call Option Writing for the Investment Advisor and Financial Planner:** Achieving Double-Digit Income Returns in a Slower Growth Market for You and Your Investor Clients

**Finding Financial Freedom:** A Step-by-Step Program for Everyone to Repair or Prevent Personal Financial Ruin

**The Book of World-Class Quotations:** The Best of the Best Quotations on Earth

**Scattered Ashes** (a novel)

# **ABOUT THE AUTHOR**

As a thirty-year career banker and trust officer for Norwest Corporation, now Wells Fargo & Co., one of the nation's largest financial institutions, Paul D. Kadavy was president of numerous banks in three states. He also headed a multi-billion dollar trust department, managed a team of investment professionals, and was a trusted advisor to many of the banks' individual clients. He also subsequently served as president and chief executive officer for another banking enterprise in Las Vegas, Nevada. Now retired from banking, he is a writer, teacher and public speaker.



Kadavy has served as a faculty member of the National Graduate Trust School at Northwestern University, The Schools of Banking, Inc., the American Institute of Banking and numerous community colleges in several states. He was a lecturer on trust, investment and banking subjects to FDIC and Federal Reserve Bank examiners in Washington, D.C. He has been a public speaker for the past twenty-five years.

In addition to authoring *The Book of World-Class Quotations*: The Best of the Best Quotations on Earth, Kadavy has also written the novel Scattered Ashes and financial books including Covered Call Writing Demystified, Covered Call Writing with Exchange Traded Funds (ETFs), Covered Call Writing with Qs and Diamonds, Put Option Writing Demystified, Writing Uncovered Put and Call Combinations, Short Spider Straddles, Put and Call Option Writing for the Investment Advisor and Financial Planner and Finding Financial Freedom.

His books are available on the Internet through Arrow Publications (www.arrowpublications.net and www.advisor-options.com) and Amazon.com.

He is the author of banking, trust and investment articles for such national publications as *Financial Review*, *Trusts & Estates*, *Pension World*, *The Collector/Investor*, *Cases & Comment* and *American Bankers Association Trust Management*.